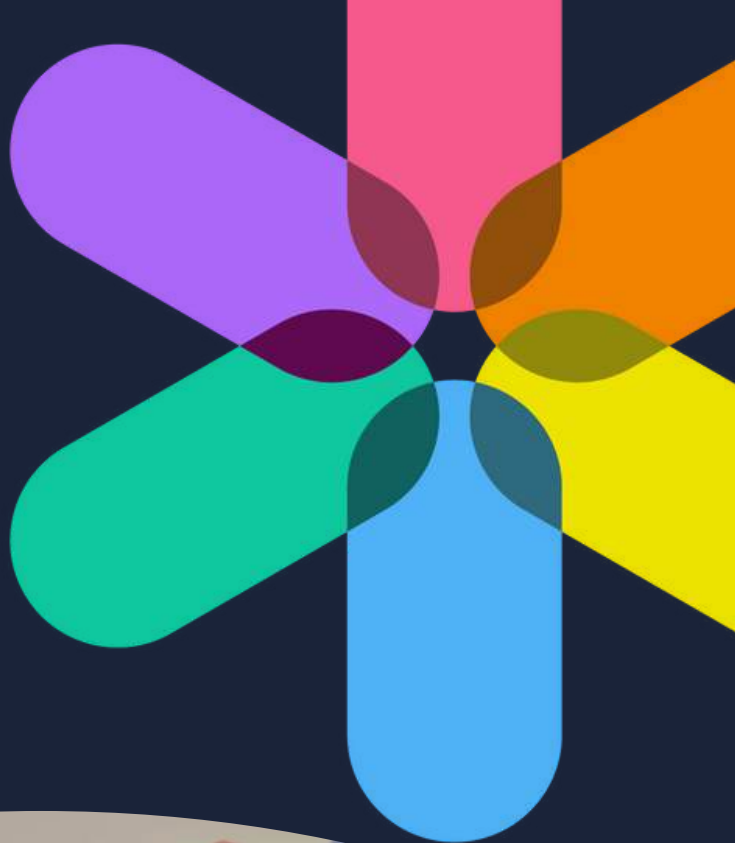


York & Scarborough Hospitals Charity

Annual report & accounts - year ended 31 March 2024



Contents



Making a positive difference to
York & Scarborough Hospitals

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Chair's Foreword



Making a positive difference to
York & Scarborough Hospitals

Chair's Foreword



It is my pleasure to present this, my second annual report which reflects the terrific support the Trust receives from the public, local businesses, patients and staff.

Last year I mentioned that in 2022 the charity launched its largest ever appeal to support the new Scarborough Urgent and Emergency Care Centre (UECC). The plan was to raise £400k to match the £400k committed from existing funds. The charitable contribution will fund the much needed extras which benefit both patients and staff. By the end of the financial year (31st March 2024) to which this report relates the amount raised was £360.7k. I am delighted to let readers know that within a few short following months the target of £400k was achieved thanks to the generosity of local people and businesses.

A wide range of fundraising activities has continued and indeed been added to, for example a new coastal walk from Bridlington to Filey called 'Beat the Tide' which raised £3.6k, a new direct mail campaign 'Christmas Magic Appeal' to raise funding for the children wards in York and Scarborough hospitals raised £2.7k. The income received was a very impressive £1.52 million, a 24% increase from the previous year, of which £444k was received from the hospitals' Leagues of Friends and associated charities.

The Charity Team supported some specific events which enabled more donations to be made, for example the NHS Christmas Carol service held at York Minster, and the Trust's Annual Awards ceremony 'Celebration of Achievement' at which a very profitable raffle was held.

Expenditure was £1.6 million, on numerous items, from the big scheme of the new UECC, to funding smaller items of equipment used by wards and departments.

The charity team remains dedicated, innovative ensuring professionalism in all that they do. A big thank you to the team, and I also want to thank the volunteers who provide admin support to the team.

Above all I thank everyone who has donated funds and time to support the Charity which enables it to increase the support to patients and staff in many valuable ways.

Martin Barkley
Chair, York and Scarborough Teaching Hospitals NHS Foundation Trust

Trustees' Report



Making a positive difference to
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Income Overview



Making a positive difference to
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Income Overview

The total income received for the year 2023/24 was £1.52m, up 24% year on year.

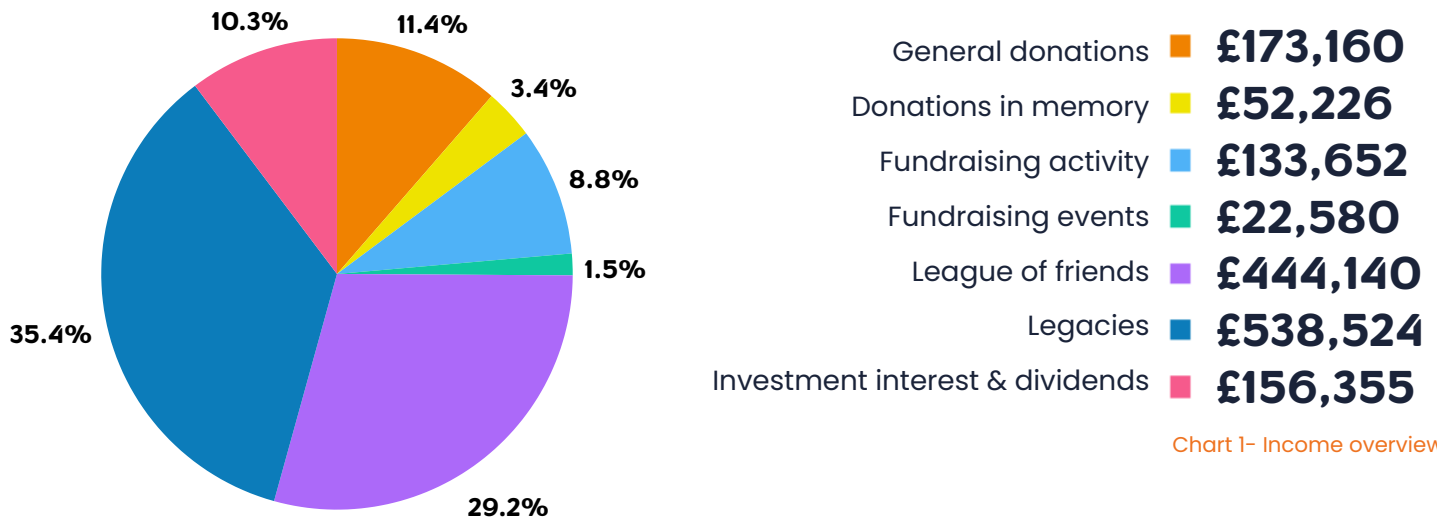


Chart 1- Income overview

Legacies account for 35.4% of total income in 2023/24. £539k was received from 15 benefactors (11 in 2022/23 totalling £519k) They remain an unpredictable source of income, however we have begun actively promoting legacies alongside the national NHS Charities Together TV campaign.

General donations made up 11.4% (£173k) of our 2023/24 income, up 25% vs 2022/23. Grateful patients and their families support Y&S HC for care received, or individual supporters and corporates maintain ongoing relationships with the charity.

£444k was received by Leagues of Friends and associated charities. This is an increase of 421% vs 2022/23, driven by a successful grant application to NHS Charities Together for £198k for permanent wellbeing spaces across York, Scarborough and Bridlington hospitals.

In memory donations totalled £52.2k +7% vs 2022/23.

Fundraising activities and events raised £156k in 2023/24 and made up 10.2% of income. These activities take place because of, or with the help and support of, the charity team.

This year's total includes Gifts in Kind to the value of £73k vs £32k 2022/23. These physical donations are gifted to the Trust for both staff and patient use and are distributed by the charity team.

Income comparison year on year

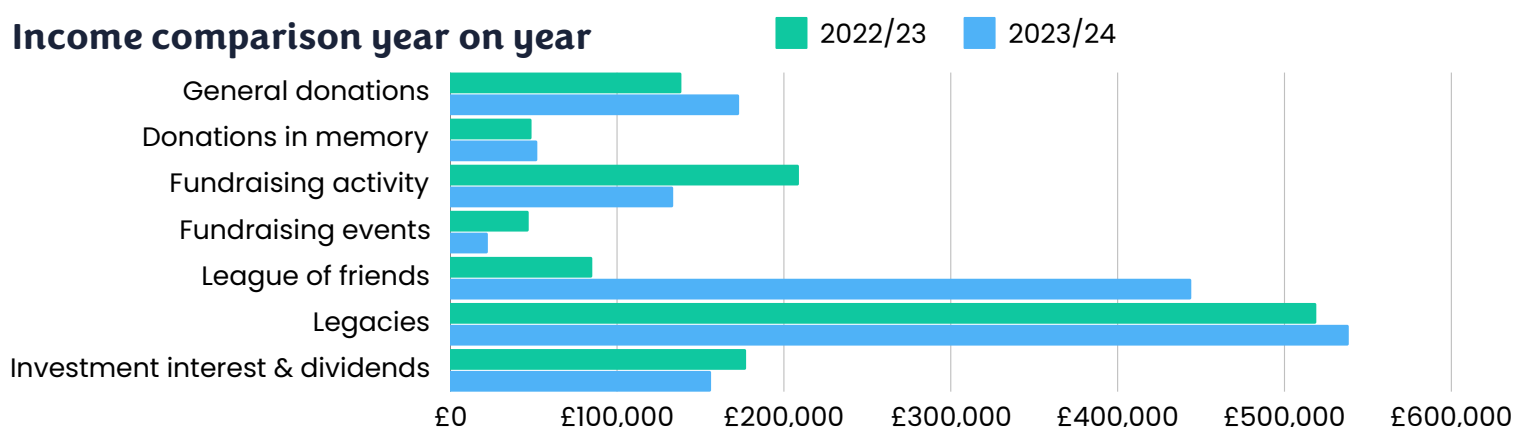


Chart 2 - Year on year comparison

Fundraising highlights



Making a positive difference to
York & Scarborough Hospitals

Challenge events

We are continually inspired by our supporters who take on challenge events for us, with many participants returning year after year. In 2023/24 we offered places in several local events.



Get Caked

In April 2023, 60 hardy supporters took on Get Caked in the grounds of Sledmere House. Participants completed a five mile run, tackling muddy and wet obstacles on the way. This was the first time we had places in the event and over £3,000 was raised to support our hospitals.



York 10k

For the fifth year running we had a team in the York 10k, one of the country's most beautiful city runs. Participants race through the heart of the city taking in historic landmarks, including the ancient city walls, Clifford's Tower and the Minster. Our fantastic team raised over £1,600.



Great North Run

12 amazing runners took on the Great North Run to fundraise for us in September. Despite the added challenge of baking heat to biblical rain on the day, everyone made it across the finish line and helped in raising over £8,500!



Yorkshire Corker

We have been a nominated charity at The Yorkshire Corker for a number of years, receiving a donation following the event. In addition to this we were offered charity places in 2023, with three supporters taking on their choice of 28, 60 or 94 miles across beautiful North Yorkshire landscapes to fundraise directly for us.

Challenge events



Yorkshire Coast 10k

17 runners took part in the Yorkshire Coast 10k along Scarborough seafront in October. Many were fundraising for the Urgent and Emergency Care Appeal for Scarborough Hospital and in total over £1,600 was raised from the event.



Yorkshire Marathon

Four brave runners took on our biggest running challenge in October – the Yorkshire Marathon. After months of hard work training the team raised over £4,500!

Beat The Tide

In addition to offering places in organised events, York & Scarborough Hospitals Charity held our own sponsored walk, Beat The Tide, which we sold places for.

The walk took supporters along a beautiful coastal route from Bridlington to Filey, recently named part of the King Charles III England Coastal Path. Participants could choose to take on either 10 or 20 miles and enjoyed a day full of sunshine and amazing views.

A total of £3,600 was raised through the event.



Fundraising campaigns

In 2023/24 the charity organised a number of different fundraising campaigns.

NHS Big Tea

On 5 July 2023 the NHS celebrated its 75th Birthday. To mark the occasion we held an NHS Big Tea Party at St Crux Church Hall in York, supported by York Mix. The event was a great opportunity to engage with current and new supporters of the charity.

A number of supporters also held their own Big Tea events both in our hospitals and in the community.



Win A Week

We held our 'Win A Week' of annual leave raffle for its second year, raising a fantastic £6,280. The campaign proved very popular with staff across the Trust again this year. The lucky winner of an extra week of leave was a member of the York Audiology team.

Online auction

2023 also saw the return of our online charity auction, raising funds for the Urgent and Emergency Care Appeal. With the generous support of local businesses, the charity team secured over 80 prize donations for the auction, which raised over £5,500. The auction has been popular with charity supporters and Trust staff over the past two years and we plan to run the auction as an annual campaign.

Christmas magic appeal

In 2023 we introduced our 'Christmas magic appeal', a direct donation ask to supporters to give to our children's wards at Christmas. This was the charity's first campaign of this nature, and the ask was sent by letter and email to our supporters. The campaign raised £2,700.



Community support



Making a positive difference to
York & Scarborough Hospitals

Community support

Year after year our community supporters surprise us with their innovation and commitment to raising money for their local hospitals and community services. We are so grateful for their dedicated fundraising.

The charity team has stewarded 57 third party events by building supportive relationships with those who have chosen to fundraise for us in 2023/24 (up from 48 in 2022/23). There have been a range of events this year and below are just a few highlights.



Geoff's paella party

Geoff wanted to give back to the Head and Neck Department at York Hospital after receiving excellent care from the team. Geoff decided to host a paella party for friends and family which raised an incredible £4,800. Geoff even invited some of the Head and Neck team along on the day to thank them for their care. The paella party was a massive success and the money Geoff raised helped to fund much-needed equipment for mouth cancer treatment.

Mandy's afternoon tea

Mandy raised a fantastic £1,000 for the Magnolia Centre at York Hospital by hosting an afternoon tea event. Over 70 guests, family, and friends joined the fun, which included a tombola, raffle, games and lots of tasty treats. Mandy is currently undergoing chemotherapy at the Magnolia Centre after being diagnosed with breast cancer and wanted to give something back for the fantastic care and support she's received.



Community support

Mods and rockers ride

For the second year running, York Inset Scooter Club selected us as the chosen charity for their annual memorial charity ride in April, with hundreds of bikers and scooter riders coming together at the Eye of York and riding to the Mended Drum in Huby. Over £760 was raised on the day, with the club kindly rounding up to donate a fantastic £1,000 to the Magnolia Centre at York Hospital.



Ben's ultra marathon

Intensive Care Consultant Ben completed an ultra marathon, running 47 miles between York and Scarborough Hospitals to raise funds for the Urgent and Emergency Care Appeal at Scarborough Hospital. Ben raised over £4,000, an incredible amount to support the appeal.

Sarah's fundraising milestone

Our dedicated supporter, Sarah Dargue, has raised over £10,000 for the Integrated Breast Unit at York Hospital. In the face of her own battle with stage three breast cancer in 2020, Sarah took it upon herself to embark on a remarkable journey of fundraising to give back to the Breast Unit and help others going through a similar diagnosis.

Sarah started knitting and selling cozy woolly bobble hats to family, friends, and at local craft fairs. This project gained popularity, resulting in thousands of pounds being raised. Alongside this, over the past year Sarah and her team of family and friends participated in both the York 10k and the Yorkshire Coast 10k, boosting her fundraising to smash the £10,000 mark! Sarah's not stopping there - undeterred by her achievements, Sarah and her team are gearing up to take on many challenge events in 2024, all in the spirit of raising additional funds for the unit.



Scarborough Urgent & Emergency Care Appeal



The Scarborough Urgent and Emergency Care Appeal, launched in April 2022 with an ambitious target of £400,000 to support the new Urgent and Emergency Care Centre at Scarborough Hospital. The charity also pledged an additional £400,000 from existing funds, making its total commitment £800,000. As of March 31, 2024, £360,743 of the £400,000 target has been raised.

The charity's contributions aim to enhance patient care and staff wellbeing. Funding will cover nature-themed artwork with calming colour choices within the fabric of the building, zones to assist with wayfinding,. There will be gardens for staff and patients on both floors. Funding will also support the fitting out of specialist rooms for patients with mental health issues or hidden disabilities. Children's waiting areas and relatives' rooms will also be funded to enhance the experience of those using the new centre.

In January 2023, local businesses were invited to tour the site during the business club launch, and new members were welcomed throughout the year. Businesses that raise or donate at least £1,000 will have their logos or names displayed on a thank you recognition wall in the ED main reception.

Alongside our fantastic community supporters who have raised money for the appeal, the Charity has held a number of events and campaigns. These include 'Win a Week', a Key Raffle at the staff Celebration of Achievement Awards night, and a collection at the annual NHS Christmas Carol Concert. Following the success of our first online auction in 2022, we ran a second auction in November 2023, raising over £5,000 for the appeal.

Lottery

We continue to promote the lottery to recruit players. In 2023/24 the lottery raised over £5.3k. (£4.1k 22/23) By linking with Sterling Lotteries, it means our players are able to win a maximum of £25k per week. This year we have had over 157 winners including a £1k winner who is a member of staff from York.



Y&S
Hospitals
Charity
Lottery

Your chance to **win** up
to **£25,000** each week!

Sign up today and make a positive difference to your local hospital through York & Scarborough Hospitals Charity.

www.york.nhs.uk/lottery



Registered with
FUNDRAISING
REGULATOR

Registered Charity No. 1054527

unity

Legacies



During 2023/24 we received £539k from 15 benefactors (11 in 2022/23) which was an increase of 4% vs 2022/23 (£519k).

Legacies continue to provide a significant contribution to the charity income. They remain an unpredictable source but each that we receive is a humbling testament to the caring work of the staff within the Trust to help ensure patients receive the best possible care.

M Turnecliff	York Unallocated	Dr PM Howse	Ophthalmic Department
M Rudduck	Lung Cancer Nurses	G Bielby	Scarborough Unallocated
KME Noble	York Unallocated	MA Clark	Haematology
WAC Hartmann	Scarborough UEC Appeal	D Rix	Selby Hospital
D Leng	Scarborough Cardiology	JD Barker	Colorectal Surgery
J Marshall	Selby Hospital	EA Boyd	York Cancer
B Cooper	Dermatology	V Gacek	Scarborough Chemotherapy
MI Atkin	York Unallocated		

Associated Charities

York & Scarborough Hospitals Charity receives income through the associated Leagues of Friends who are independent charities and support each hospital. These are in response to specific requests for the support of projects or equipment. The total donated by these groups in 2023/24 was £258k, +203% vs 2022/23 (£85K).

Leagues of Friends	2023/24	2022/23
Friends of York Hospital	£171,398	£40,856
Friends of New Selby War Memorial Hospital	£8,552	-
Friends of St Monica's Hospital	£1,451	£1,593
Malton League of Friends	£65,742	£35,988
Scarborough League Friends	£2,460	£4,392
SCBU Support Group	£8,163	£2,342
TOTAL	£257,766	£85,171

Table 1 - Income from Associated Charities

Volunteering

Volunteering has traditionally played an important role in the life of our hospitals and the wellbeing of patients and this is particularly so in fundraising. Volunteers are vital to helping the charity maximise fundraising opportunities at our events and collections.

During 2023/24 the majority of our volunteers' time was spent helping with administrative tasks and bucket collections. Over 90 hours of time was donated by eight volunteers.

As well as individuals, the charity continues to be actively supported by the following volunteer support groups

 York Orthopaedic Support Group

 Hunmanby Cancer Fund

 Filey Cancer Fund

 York SCBU Support Group

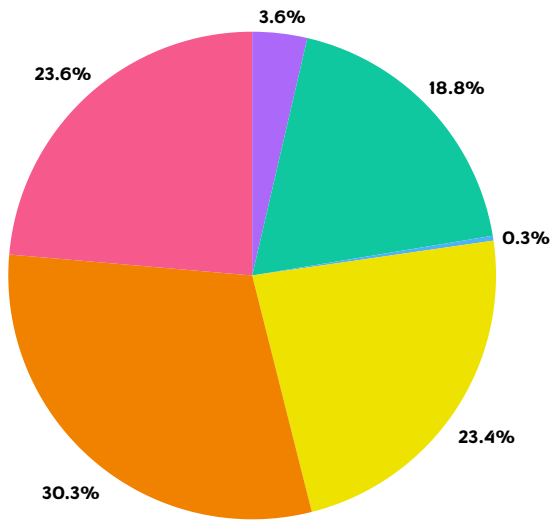
Expenditure Overview



Making a positive difference to
York & Scarborough Hospitals

Expenditure Overview

The total expenditure for the year 2023/24 was £1.6m, down 23% year on year.



Purchase of Equipment	■	£485,923
Patient Care & Experience	■	£374,414
Building & Refurbishment	■	£5,128
Staff Wellbeing & Training	■	£300,742
Research	■	£58,250
Charity Management & Admin	■	£378,812

Chart 3 - Expenditure overview

By funding the everyday to the transformational, York & Scarborough Hospitals Charity provide the extras over and above NHS funding.

Applications to support patient care and experience, research, equipment, staff wellbeing and building and refurbishment are all received by the charity, ultimately benefitting the patients being treated within the Trust's hospital sites and community settings.

The overall decrease in expenditure vs 2022/23 is primarily due to a significant drop in building and refurbishment projects—from £631k to £5k.

We have seen a 44.1% increase in the purchasing of equipment which totalled £486k in 2023/24 and accounted for 30.3% of all expenditure.

Patient care and experience saw a decline in expenditure, down 26.1% totalling £374k versus £504k in 2022/23.

Investment in staff wellbeing increased by over £100k vs 2022/23, which constituted 18.8% of total expenditure in 2023/24.

We saw a 5.4% decline in the cost of charity management and administration in 2023/24 down to £379k, representing 23.6% of overall expenditure. This was driven by a member of the team leaving in September 2023 and the vacancy was carried.

Expenditure comparison year on year

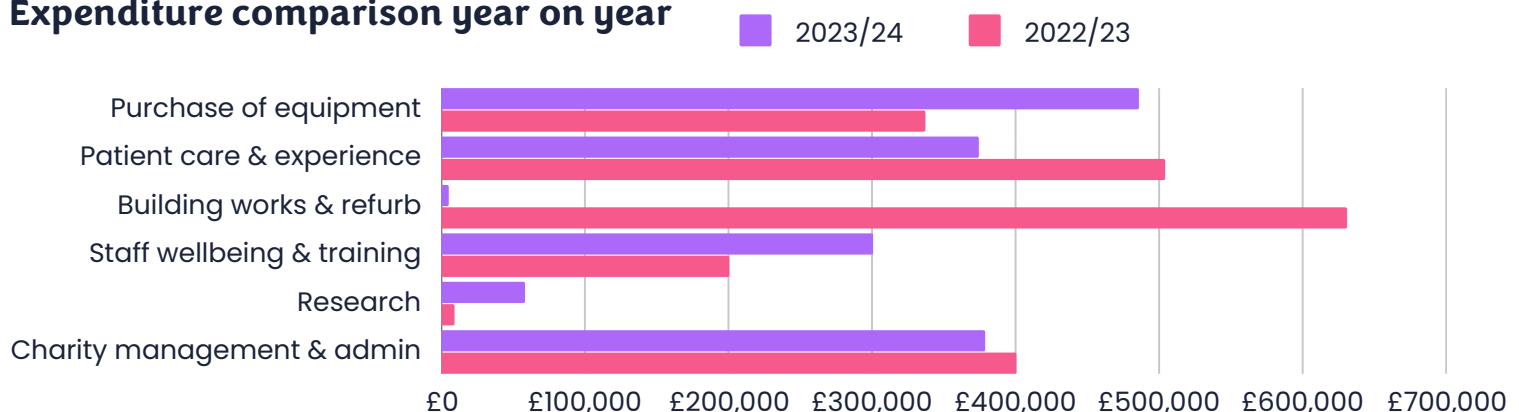


Chart 4 - Expenditure comparison year on year

Expenditure Highlights



Making a positive difference to
York & Scarborough Hospitals

Airgloves for chemotherapy patients



This year we have provided funding for the Magnolia Centre at York Hospital to purchase three 'Airglove' arm warming system to help with cannulation for chemotherapy patients.

Cannulation is the process of inserting a needle or catheter into a patient's vein. This could be to administer treatments, draw blood, or perform other medical tasks.

Patients often have damaged, hidden or fragile veins, which can lead to failed attempts, discomfort and frustration.

These machines heat the arm with warm air, which helps to raise the veins. This helps make it easier to cannulate first time and less stressful for chemotherapy patients.

The arm warmers increase the success rate of first-time cannulation and will make a massive difference to patients for years to come.

Glooko platform for diabetes patients



We have provided funding for new patient management platform, which is making a huge impact to diabetes care at York and Scarborough Hospitals.

The Glooko platform is both an in-clinic and remote platform, which allows patients to upload data wherever they are, ensuring both healthcare teams and patients share the same information.

Tara Kadis, Diabetes Specialist Nurse Team Leader, explains: "We use the Glooko platform in our diabetes outpatient clinics to seamlessly upload data from devices like insulin pumps, meters, and Continuous Glucose Meters. This secure, cloud-based solution centralises all patient data, enabling care providers to efficiently interact with patients in clinics.

Insulin is a high-risk medicine, so having accurate data is important to ensure we do not cause acute complications including severe hypoglycaemia or hyperglycaemia."

The ability to see data is paramount in the management of day-to-day diabetes services. The system means staff can make clinical decisions based on patient's diabetes treatments more efficiently.

Following Covid, the need to do virtual consultations became more important and in the 'Living with Covid' healthcare era, the emphasis is on more virtual consultants, which requires a platform to enable remote uploading of data to facilitate these consultations.

Glooko goes beyond patient data management. It also features an integrated training platform, ensuring that staff stay updated on the latest technologies in diabetes management. All Staff are competency assessed, trained to the same standard and this is maintained through the Glooko platform so can be benchmarked against other trusts.

Chemotherapy chairs



More than 20 specialist recliner chairs were delivered to the cancer treatment centres in York and Scarborough thanks to over £40,000 of funding from York & Scarborough Hospitals Charity.

Cancer patient, Simon Mitchell thanked the charity personally and said the chairs had made his fortnightly appointments more comfortable.

“I can totally relax in them, they are very modern, cool, and relaxing. I am often here all day for treatment so to have these chairs are wonderful. I am grateful, it’s wonderful to have a comfy chair and would like to thank all those people who donated money to buy them.”

Simon, of South Duffield, who is being treated for colon cancer, said he had been visiting Magnolia Centre since his treatment started after the pandemic.

Alex Campbell, Chemotherapy Sister, York and Scarborough Cancer Services, explained the new chairs had been the idea of her team who between them look after hundreds of cancer patients per week.

“The staff have received some lovely comments from patients who have appreciated the gesture of the chairs, they bring great comfort to them at a difficult stage of their treatment.”

Lexus electric car



Thanks to a donation from Bridlington Freemasons, we were able to provide funding for an electric car for the Rainbow ward at Scarborough Hospital.

Children use the Red Lexus to drive to and from their MRI scans. These scans can be intimidating for children, causing anxiety and fear. The car provides much-needed distraction, helping to make the MRI experience positive and happy.

The Rainbow ward also has a grass area where children can enjoy some outdoor time. The car has allowed these young patients to explore and play in the open space during their stay in hospital.

Post-surgery bras



York & Scarborough Hospitals Charity have provided funding for the breast cancer specialist nurses to offer post-surgery bras to help patients who have been treated for breast cancer at York or Scarborough hospitals.

“Post surgical bras are not available through the NHS and for some patients, they are simply unaffordable,” commented Karen Quail one of the Trust’s specialist breast care nurses. We felt we needed to help these patients during a stressful time.”

Post surgical bras are available through mainstream retailers, but in some cases these do not fit well. The specialist breast care nurses have a dedicated fitting room within the Magnolia Centre at York Hospital. Patients can seek post-surgery advice and where needed, can now be given a post-mastectomy bra, fitted to them.

“The bras come in black, nude, and white but we’d like to be able to offer a wider choice of colours. Patients dread going shopping for the bras, so this can help relieve that burden.” Karen wants to make the project sustainable long term so has enlisted the help of the charity for additional support.

Johnson Ward TVs



Freemasons of St John of Bridlington Lodge made a generous donation of £1,500 to York & Scarborough Hospitals Charity, to fund six new 32" TVs for Johnson Ward at Bridlington Hospital.

The new TVs will provide entertainment and comfort for those staying on the ward. The TVs were supplied and fitted free of charge by Dixons Discount Warehouse in Filey. Representatives from the Freemasons visited the hospital this week to see the TVs in action.

Phil Harrison, Freemasons charity steward said "We are proud to be able to provide these TVs at Bridlington Hospital. I extend my sincere gratitude to everyone involved, and a special thanks to Claire at Dixons Discount Warehouse for her invaluable support. The joy reflected in the faces of the nurses and patients present this week spoke volumes about the positive impact the TVs will have, which is incredibly rewarding."

Artwork for York ED

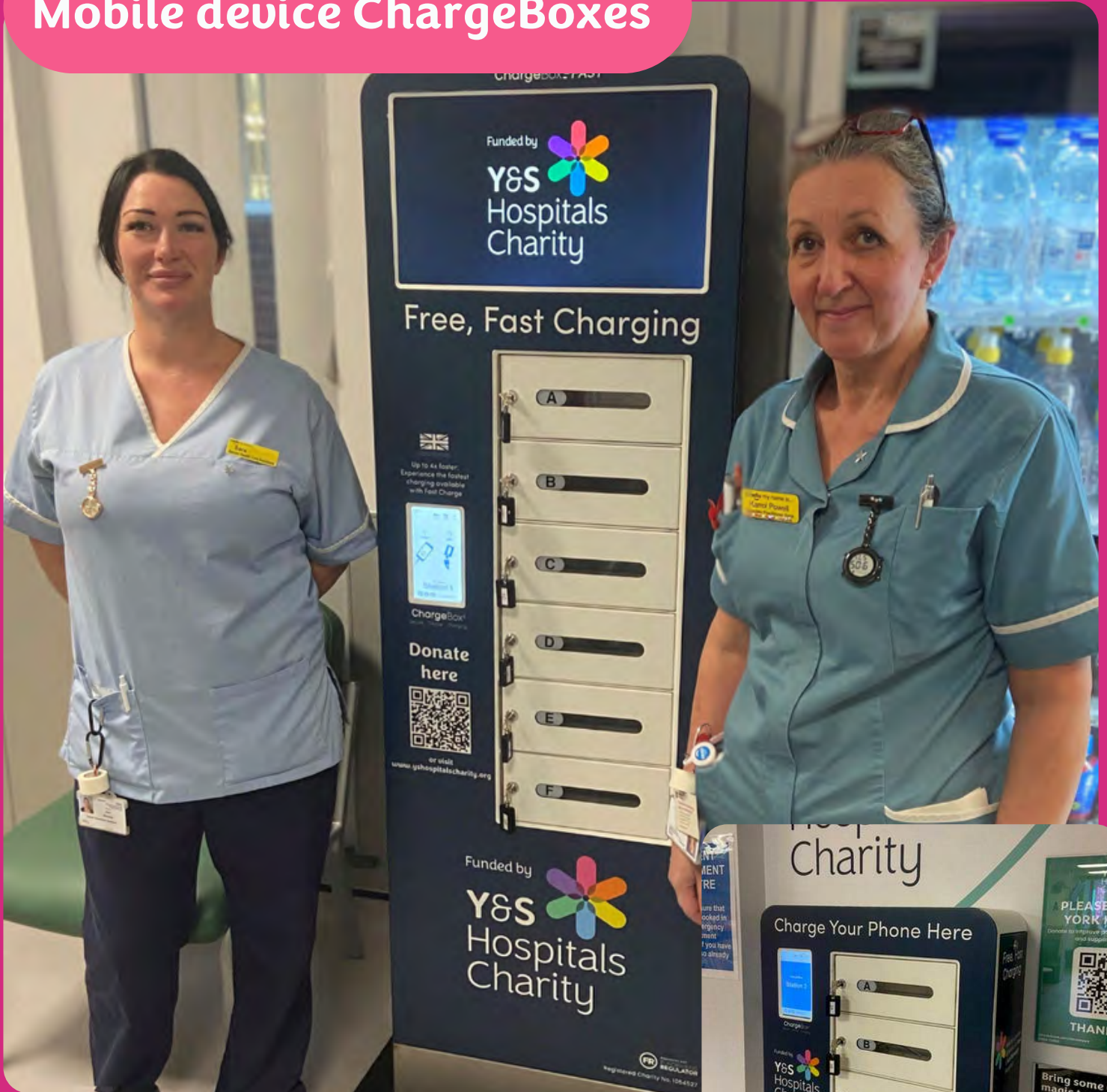


We are proud to have funded the artwork that runs throughout the new Emergency Department at York Hospital. The artwork by Dan Savage is continuous throughout the new build, improving the environment for care.

The expansion has seen artwork displayed within all the departments including a Frailty Unit, Same Day Assessment Unit and a dedicated Paediatrics waiting area. The Paediatrics waiting area features specialist designs for children to interact with whilst they wait which is a great addition.

This Emergency Department build has taken 20 months to be completed and includes a two-storey expansion which will see patients being cared for more quickly in better facilities.

Mobile device ChargeBoxes



York & Scarborough Hospitals Charity are delighted to have funded three ChargeBox mobile device charging units.

The units provide free, fast charging for all mobile devices and can be used by patients, visitors, and staff. They are located at York Hospital main reception, York Hospital Emergency Department and Scarborough Hospital Emergency Department, where people may spend some time waiting and need to be in touch with family or friends.

The charging units are easy to use. The user simply opens an available locker, plugs their device into the correct charging cable, locks the door, and leaves the device to charge.

Over 25,000 people have now used ChargeBox since they were installed.



Occupational family therapy packs



We are proud to have funded therapy packs and equipment for the Children's Therapy team at York Hospital, so they can support families across the region. Families can borrow the packs if they don't have the necessary toys and resources for conducting therapy at home.

The packs are designed to support Constraint-Induced Movement Therapy (CIMT), which helps the development of the upper limbs. The therapy involves intensive, repetitive practice of specific tasks using the weaker arm, which can significantly improve and the quality of movement, ultimately leading to improved overall function.

Child Occupational Therapist Ebony Carlton explains, "CIMT is a form of evidence-based intervention of the arm and hand. It uses the principles of neuro plasticity by offering constraint to the stronger upper limb to develop participation of the weaker limb. The evidence base recommends this is delivered early in the child's journey with high intensity daily input, therefore we needed lots of different resources and toys."

Tasks within the therapy can be as simple as stacking blocks, turning cards, and reaching for and grasping objects. It's important to offer a range of equipment to sustain interest and ensure that therapy remains engaging and enjoyable for children.

Bereavement cards for families



Thanks to your generosity, we have been able to fund sympathy cards that are sent out to families who have had a loved one pass away in the Trust's care.

The Bereavement Services team plays a crucial role in helping families cope with the loss of their loved ones. Losing a family member is never easy, and it is often an emotional and overwhelming experience. The sympathy cards provide a thoughtful gesture and a way to acknowledge the bereaved family's loss.

Lead Nurse for End-of-Life Care, Debbie Bayes says, "This is an important acknowledgement following a death of a loved one. We have over 2,500 deaths per year in the Trust and we send these to all families affected by a loss."

"The sympathy cards are an essential part of the Bereavement Services team's efforts to support families during their time of grief. We hope that this small gesture brings comfort to those who have lost a loved one."

Cultural Awareness Day



The second Cultural Awareness Day and beach party was hosted on Scarborough seafront in August. It was a day of unity and cultural exchange, bringing together people from various backgrounds to celebrate their traditions and cuisines. The weather couldn't have been better, creating the ideal backdrop for a day filled with delicious food, games, vibrant dancing, and wholesome family fun. This event was a true reflection of the rich tapestry of cultures represented in Scarborough.

The event was organised to engage with staff, patients, and the community, all while raising awareness of the fantastic diversity within the NHS.

Emma George, Assistant Chief Nurse, said: "This day was an accumulation of lots of planning with a dedicated small team and started in the chapel on the Friday afternoon where we reminded ourselves of the wonderful differences we have in our cultures and also what brings us together. It was great to hear from international nurses and nurses from the UK who have been here for a long time who are thriving and the friendships they have made and how they can support the newer nurses and offer them advice and support.

"The day on the beach was full of joy and laughter, all nationalities joined together and shared food, stories and danced. Music was the main theme of the day and brought people together. There were children and husbands and I heard a Ward Sister say to me that her husband had made friends through the event last year and they realised their children go to the same schools and this is across the whole diverse community. It was fantastic to see such a celebration that will transfer into the wards and departments. Friendships were made and that is what it is all about "

Juniper family room



Thanks to a generous donation made by the GCHQ Staff Charity, families now have a dedicated space to stay when their loved one is receiving end-of-life care on the Juniper Ward at Scarborough Hospital.

This room is equipped with a sofa bed, fridge-freezer, bookshelf, and other amenities designed to offer comfort to family members during the most challenging time. The room is part of the 'Autumn Project' which is a hospital initiative to provide dedicated end-of-life care to patients and their families.

Juniper Ward was the first area within the hospital to have a dedicated end-of-life room, which opened in 2021. The 'Autumn room' allows privacy, dignity, and a space for families to say goodbye and has been appreciated by many.

Kent ward kitchen



York & Scarborough Hospitals Charity provided funding for a brand new kitchen area on the Kent Ward at Bridlington Hospital. The new kitchen area is modern, clean and is a great improvement that will benefit both staff and patients alike.

The area is particularly important for preparing refreshments for patients who may have missed routine meal service following surgery.

Kent Ward has operated on and discharged hundreds of major joint replacement patients. These patients can now be supported even more by staff providing drinks and snacks post-surgery, directly from the new kitchen. Thanks to our donors, the staff on the Kent Ward are now looking forward to providing excellent aftercare patients for years to come.

The staff on the Kent Ward expressed their appreciation by saying "Our patients and staff are so pleased with the new kitchen. it looks amazing and is already making a huge difference. We really do appreciate the kind donations".

Arts in hospitals



Patients at York Hospital are discovering the healing power of live music. Staff have witnessed the notable benefits of musicians playing for patients receiving treatments on wards throughout the hospital.

York & Scarborough Hospitals Charity fund a programme which allows musicians to play regularly on wards. The music provides distraction, opportunities for interaction and creates an uplifting atmosphere, which helps improve mood and aid recovery.

The musicians, who are co-ordinated by the hospitals' Arts Team, perform for visitors to the hospital and regularly perform at key events. The impact has given the hospital a huge boost with visitors remarking they provide a 'ray of sunshine'.

York Hospital's Arts Team decided to ask for funding from the Charity to pursue regular performances from the musicians throughout the hospital including in Palliative Care. The team witnessed the benefits of how patients' wellbeing altered in the Dementia Ward and in Stroke Rehabilitation and urged for it to be launched across all areas of the hospital.

Arts in hospitals (continued)



York & Scarborough Hospitals Charity also funds two musicians, Chris Bertram on guitar and Sarah Dean on Celtic harp. They have the expertise and experience to gauge the mood of a ward, interact sensitively with a wide range of patients and respond with a large repertoire of music.

Harpist Sarah Dean plays her instrument to patients on the hospital's Respiratory Ward and sees firsthand how music brightens and soothes patients.

"After I had played a gentle folk song, a patient said that her breathing had slowed down and she felt really relaxed and breathed in time to the music and let it calm her," Sarah explained.

Reflecting on his performing Chris Bertram explained: "It feels a very special honour and privilege to be allowed to bring a couple of songs into these settings where visitors are sitting with patients approaching end of life."

If you would like to get involved, please email the Arts Team via yhs-tr.ArtatYork.nhs.net

Gifts in kind

As a charity we regularly receive physical donations of gifts for staff and patients.

In addition to the generous donations made by our supporters in 2023/24 we held an auction to support our Scarborough Urgent and Emergency Care appeal. We were lucky enough to receive 80 prizes from both individuals and businesses. We'd like to thank everyone who made physical donations to help make a difference to staff and patients. Some of the donors are represented below.



Governance

Constitution and powers

The charitable funds of York and Scarborough Teaching Hospitals NHS Foundation Trust are registered under a single umbrella charity in the name York & Scarborough Hospitals Charity (Y&SHC). York Teaching Hospital Charity (YTHC) was registered with the Charity Commission under number 1054527 on 11 April 1996. The governing document of YTHC was a declaration of trust, dated 23 February 1996, as amended by deed dated 25 May 2012. A Transfer of Staff, Property and Liabilities Order signed by authority of the Secretary of State for Health on 28 June 2012 replaced the Scarborough Healthcare NHS Trust Corporate Trustee with the York Teaching Hospital Charity Corporate Trustee. On 27 March 2013, the Corporate Trustee resolved to de-register the Scarborough charity as a charity in its own right and re-register it as a charity under the umbrella of the York Teaching Hospital Charity. In July 2021, with approval from the Corporate Trustee, York Teaching Hospital Charity rebranded to become York & Scarborough Hospitals Charity following the name change of the Trust on 1 April 2021.

YTHC was established using the model declaration of trust and all funds held on trust on the date of registration were either part of this unrestricted fund or registered as separate restricted funds under the main charity. Subsequent donations and gifts received by Y&SHC that are attributable to the original funds are added to those fund balances within the existing charity.

The purpose of Y&SHC is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the York and Scarborough Teaching Hospitals NHS Foundation Trust. York and Scarborough Teaching Hospitals NHS Foundation Trust is the Corporate Trustee of Y&SHC. Members of the Board of Directors are not individual trustees under Charity law but act as agents on behalf of the Corporate Trustee.

The Corporate Trustee fulfils its legal duty by ensuring that monies are spent in accordance with the designation of each fund. By designating funds, the Corporate Trustee respects the wishes of donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where monies have been received that have legal restrictions imposed, a restricted fund is established.

York & Scarborough Hospitals Charity

Charity Registration Number 1054527

Registered Address York & Scarborough Hospitals Charity
York Hospital
Wigginton Road
York, YO31 8HE

Charity governance committee

In its management of the charitable funds, the Corporate Trustee has had regard to the Charity Commission's guidance on independence. Acting for the Corporate Trustee, the Charity Governance Committee assists in maintaining independence by ensuring the use of charitable funds is focused on the needs of NHS patients. The Charity Governance Committee has devolved responsibility for the overall management of charitable funds.

The Committee is required to:

- Control, manage and monitor the use of the charity's resources for the public benefit, having regard for the guidance issued by the Charity Commission.
- Ensure best practice is followed in the conduct of all its affairs fulfilling all of its legal responsibilities.
- Ensure that the Investment Policy, approved by the Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations and monitor the performance of the investment managers.
- Report to the Corporate Trustee so it remains fully informed on the activity, performance and risks of the charity.

Regulation and membership



Y&SHC is registered with and adheres to the standards set by the Fundraising Regulator and Fundraising Preference Service.
www.fundraisingregulator.org.uk



Y&SHC is an active member of NHS Charities Together (formally known as the Association of NHS Charities). NHS Charities Together seeks to support, and to be the voice of all NHS Charities in England, Scotland and Wales. The principal aim of the Association is to promote the effective working of NHS Charities. Being a member offers Y&SHC a wide range of support, networking and information services as well as adopting best practice from across the sector. During 2020 NHS Charities Together ran an urgent appeal in response to the Covid-19 pandemic, raising in excess of £150m for member charities.
<https://www.nhscharitiestogether.co.uk/>



One member of the Charity team is an individual member of the Chartered Institute of Fundraising (CioF). The CioF is the chartered professional membership body for UK fundraising. They support fundraisers through leadership and representation; best practice and compliance; education and networking; and champion and promote fundraising as a career choice.
<https://ciof.org.uk/>

Charity personnel

Corporate trustee

The following members of the Board of Directors served on behalf of the Corporate Trustee during the year:

Executive Directors			
Name	Role	From	To
Simon Morritt	Chief Executive	Aug 2019	Present
Andrew Bertram	Finance Director Deputy Chief Executive	Jan 2009 May 2018	Present
Karen Stone	Medical Director	Nov 2022	Present
Claire Hansen	Chief Operating Officer	July 2023	Present
Dawn Parkes	Interim Chief Nurse	June 2023	Present
Polly McMeekin	Director of Workforce and Organisational Development	Feb 2019	Present
James Hawkins	Chief Digital and Information Officer	Aug 2022	Present

Table 2 -Executive Directors

Non-executive Directors			
Name	Role	From	To
Alan Downey	Chair	Feb 2022	May 2023
Mark Chamberlain	Interim Chair	May 2023	Oct 2023
Martin Barkey	Chair	Nov 2023	Present
Jenny McAleese	Non-executive Director	Mar 2017	Present
	Vice Chair	Oct 2020	Present
	Senior Independent Director	May 2019	Feb 2020
Lorraine Boyd	Non-executive Director	April 2018	Present
	Senior Independent Director	June 2022	Present
Lynne Mellor	Non-executive Director	April 2018	Present
Stephen Holmberg	Non-executive Director	July 2019	Present
	Senior Independent Director	Mar 2020	Present
Jim Dillon	Non-executive Director	July 2019	Present
Matt Morgan	Hull York Medical School Stakeholder	Jun 2020	Present
	Non-executive Director		
Denise McConnell	Non-executive Director	Nov 2021	Dec 2023
Ashley Clay	Associate Non-executive Director	Nov 2021	Apr 2023

Table 3 -Non-Executive Directors

All NEDs are considered to be independent, meeting the criteria for independence as laid out in NHS England's Code of Governance.

The Board of Directors has included an additional non-voting Director in the membership of the Board:

Non-voting Directors			
Name	Role	From	To
Lucy Brown	Director of Communications	Feb 2022	Present
Stephen Bannister	Interim Managing Director to York Teaching Hospital Facilities Management	Mar 2023	Present

Table 4- Non-voting Directors

Corporate advisors

The Corporate Trustee has appointed the following professional advisors during the year:

Bankers	Barclays Bank PLC Leicester, LE87 2BB
Independent Auditor	Forvis Mazars LLP 5th Floor 3 Wellington Place, Leeds, LS1 4AP
Investment Managers	RBC Brewin Dolphin UK 10 Wellington Place, Leeds, LS1 4AN

Charity governance committee

The following acted as members of the Charity Governance Committee during the year:

Charity Governance Committee			
Name	Role	From	To
Alan Downey	Chair	Feb 2022	May 2023
Mark Chamberlain	Interim Chair	May 2023	Oct 2023
Martin Barkley	Chair	Nov 2023	Present
Andrew Bertram	Finance Director Deputy Chief Executive	Sept 2017	Present
Lucy Brown	Director of Communications	Sept 2017	Present
Elizabeth Hill	Associate Chief Operations Officer	Oct 2022	Present
Andrew Bennett	Head of Capital Projects	Sept 2017	Present
Steve Kitching	Deputy Finance Director	Sept 2017	Present
Robert Taylor	Deputy Head of Corporate Finance	Sept 2019	Present
Rachel Brook	Charity Manager	May 2019	Present

Table 5 - Charity Governance Committee

Operational staff

No members of staff are employed directly by Y&SHC. Salary costs in respect of fundraising, operations, financial management and administration are recharged by York and Scarborough Teaching Hospitals NHS Foundation Trust. Staff remain employees of York and Scarborough Teaching Hospitals NHS Foundation Trust. The recharge is based on time spent on work related to the charity.

Charity Team			
Name	Role	From	To
Rachel Brook	Charity Manager	May 2019	Present
Joe Fenton	Community Fundraiser	Nov 2019	Present
Emma Sargent	Community Fundraiser	Jan 2022	Present
Maya Liversidge	Community Fundraiser	June 2012	Sept 2023
Becky White	Charity Assistant Community Fundraiser (6mth secondment)	July 2022 Mar 2024	Mar 2023 Present

Charity Finance			
Name	Role	From	To
Robert Taylor	Deputy Head of Corporate Finance	Sept 2019	Present
Janet Harrison	Charity Finance Team Leader	Jan 2016	Present
Sarah Hodgson	Charity Finance Administrator	Nov 2022	Present

Table 6 - Charity operational staff

Policies and procedures

During this year, the Charity Governance Committee has reviewed policies and documents relating to each of the items below. The policies are reviewed according to a timetable, which is reviewed annually. The Corporate Trustee has delegated functions to the Charity Governance Committee but retains overall responsibility for the Charity.

Risk register

The Charity Governance Committee actively reviews the perceived major risks that the Charity faces. Operational standards have been set throughout the organisation which is audited on a regular basis.

The Charity also maintains a risk register which is reviewed annually. During 2023/24, the principal risk identified was reduced income due to deteriorating financial climate experienced by donors coupled with competition from other local charities. To mitigate this risk, we have taken action to strength the marketing approach and conducted a review of income streams to identify opportunities to increase support.

Privacy statement

This policy sets out how and why Y&SHC collects and uses your personal information, and how we protect it. It also explains where third parties collect your data where they are working on our behalf. If we ask you to provide certain information by which you can be identified, it will only be used in accordance with this privacy statement and in line with GDPR and appropriate Data Protection legislation.

Expenditure

Expenditure is appropriately controlled to ensure that it fulfils the objects of the Charity and of the individual funds.

Y&SHC relies on York and Scarborough Teaching Hospitals NHS Foundation Trust to identify the appropriateness of funding requests in order to keep transaction costs to a minimum and to simplify the approval process. All expenditure is approved in advance and in line with the Charity's scheme of delegation. The Charity Governance Committee approves all significant expenditure in advance and routinely monitors all expenditure to confirm that it is appropriate. A scheme of delegation setting out limits of authority for approving expenditure is in place. All our grants and activities demonstrate public benefit, so that the Corporate Trustee has complied with its duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising its powers or duties.

Terms of reference

The Terms of Reference for the Charity Governance Committee set out the membership requirements, expectations, framework and delegations for this formal group, accountable to the Corporate Trustee. They ensure the committee carries out its roles and functions appropriately, in line with devolved responsibility.

Scheme of delegation

The Charity operates within the constraints of the scheme of delegation and standing financial instructions. The acceptance of income (e.g. donations and legacies) and the approval of expenditure operates within an authorisation framework.

Fundraising policy

This policy describes the overarching principles related to charity fundraising at York and Scarborough Teaching Hospitals NHS Foundation Trust.

All transactions are undertaken in accordance with the Charity's scheme of delegation and standing financial instructions for funds held. This means that all items are subject to strict financial controls to safeguard and monitor monies donated

As a charity we align our processes to the Code of Fundraising Practice values. This means whether we are carrying out our own fundraising activity, or supporting third party fundraisers we will always:

- Ensure all fundraising meets all legal requirements.
- Be open. We are always transparent about the fundraising we are carrying out and are prepared to answer any questions.
- Act with integrity. We will not mislead the public about what we are fundraising for or about the way donations will be used. There may be times when we choose not to accept a donation if we feel it is not appropriate. This could be because we know the Trust could not support the expenditure associated with the donation as it may not meet charitable criteria, or if we believe the donor does not have the capacity to make the decision to donate.
- The charity team will demonstrate respect whenever they have contact with any member of the public. The team will advise and guide anyone who chooses to fundraise for Y&S Hospitals Charity.

Investment policy

The overall objectives of the policy are to create sufficient income and capital growth to enable the charity to carry out its purposes consistently year on year, with due and proper consideration for future needs and the maintenance and enhancement of the value of the invested funds while they are retained.

The charity has a portfolio of professionally managed investments. The Corporate Trustee precludes investment in companies closely connected with the arms trade, tobacco and alcohol industries. This is defined as companies with more than 20% of their turnover in these activities. The investment portfolio is managed on a discretionary basis by Y&SHC's investment managers, Brewin Dolphin. Investment income amounted to £156k for the year (2023: £177k). The total portfolio was valued at £6,642k at the end of the year (2023: £6,112k).

Reserves policy

The charity derives most of its income from donations and legacies and this varies from one year to the next. Charities are always conscious of the need to secure their viability for the longer term by putting aside some of their current income to meet future commitments and as a reserve against uncertainties. Charities also have a requirement to apply their income for the purposes for which it was given, within a reasonable timescale.

While the Corporate Trustee does not aim to retain excessive reserves, there is a need to retain some reserves, the main reasons being;

- To ensure donations are spent in line with the donor's wishes.
- Donations may be made for specific purposes but will not be spent immediately if unnecessary.
- To ensure there are sufficient funds to fund future developments.
- To meet current or anticipated expenses such as management, administration and governance costs.

The Corporate Trustee calculates the reserves as that part of the unrestricted income funds that is freely available after taking account of designated funds that have already been earmarked for specific needs. At the end of March 2024 the unrestricted undesignated reserves amounted to £707k (2023: £774k).

The Corporate Trustee foresees a need only to maintain reserves sufficient to provide certainty of funding for average annual general grant making. Therefore the target range for reserves is £300k to £700k to ensure the stability of grant funding.

Future plans

In 2023 the then Chair of York & Scarborough Hospitals Charity commissioned an external review of fundraising. The review identified the potential to increase the income of several fundraising streams. In order to achieve this, there is the opportunity to look at the structure of the charity in 2024/25. By creating a set of roles that best support the strategies to improve the performance and increase day-to-day resilience within the team.

In addition, by moving from the previous fundraising-focused model to one where the charity team is also supporting the delivery of charity-funded projects and taking a more active role in supporting fundholders with increasing expenditure. By increasing resource in this area by the introduction of a Charity Operations Officer, we will improve our ability to work with the clinical and operational teams to help identify projects where charitable funding can support improvements in patient care and experience. In driving expenditure, this will help to bring the unrestricted funds back within the targeted range stated in the Reserves Policy.

Thanks to a development grant from NHS Charities Together, we will be commissioning an agency to create our own York & Scarborough Hospitals Charity website. Historically we have had a web presence via the Trust's website. In having our own website, we will be able to showcase the projects we fund, take donations and provide supporters and interested parties about the work we do.


Upon completion of the Scarborough Urgent and Emergency Care Centre Appeal, we will be granting £800k to the project to fund a mental health crisis room, artwork within the fabric of the building, relative's ensuite rooms, an Autumn room for end-of-life care, paediatric waiting room and artwork, two staff and two patient gardens.

Support our work

Should you wish to support York & Scarborough Hospitals Charity, details of how you can do so are shown in the form below.

Donation Form

Thank you for your support, together we can make a huge difference.



First Name: Surname:

Home Address:

Postcode: Telephone:


Email:

I would like to donate £ to York & Scarborough Hospitals Charity

Please use my donation to support the following hospital or department:

Donate by Cheque: Please make it payable to York & Scarborough Hospitals Charity, send with this form enclosed to the address below.

Donate online: Please visit www.yshospitalscharity.org/donate or scan here to donate now using a credit or debit card.



Donate via Bank Transfer: Account no: 10989649, Sort Code: 20-99-56, Reference: Newsletter. Please advise us by phone or email if you are making a payment so that we know to look out for it and can say thank you!

We'd love to keep in touch

Please let us know if you would like to hear about where your donation and money raised is helping in our hospitals along with future event and fundraising campaigns.

By post By email By phone No thanks

Please let us know if you would like to hear from us about future volunteering opportunities when they arise.

By post By email By phone No thanks

You can change your preferences at any time by contacting us on the details below and you can read our full data protection and privacy policy on our website at www.yshospitalscharity.org


Increase your donation by 25p for every £1 you donate!

giftaid it I want to Gift Aid my above donation and any donations I make in the future or have made in the past 4 years to York & Scarborough Hospitals Charity

I am a UK taxpayer and understand that if I pass less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. York & Scarborough Hospitals Charity was previously known as York Teaching Hospital Charity.

Please return your form by post or in person to: York & Scarborough Hospitals Charity, Fundraising Office, York Hospital, Wigginton Road, York, YO31 8HE
hello@yshospitalscharity.org 01904 724521 www.yshospitalscharity.org

I understand that York & Scarborough Hospitals Charity will use any funds donated in the way that is most appropriate for the need of York and Scarborough Teaching Hospitals NHS Foundation Trust, in line with its charitable aim and objectives and I cannot request purchase of specific items.



Registered with
**FUNDRAISING
REGULATOR**
Registered Charity No. 1054527



Annual accounts 2023/24



Making a positive
difference to **York
& Scarborough**
Hospitals

York and Scarborough Hospitals Charity

Registered charity number 1054527

Annual accounts 2023/24

Statutory background

The Trustee of the York and Scarborough Hospitals Charity, York and Scarborough Teaching Hospitals NHS Foundation Trust, has been appointed under s11 of the NHS and Community Care Act 1990.

The York and Scarborough Hospitals Charity is registered with the Charity Commission and includes funds in respect of York and Scarborough Teaching Hospitals NHS Foundation Trust.

Main purpose of the charity

The main purpose of the York and Scarborough Hospitals Charity is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the York and Scarborough Teaching Hospitals NHS Foundation Trust.



Making a positive
difference to **York**
& **Scarborough**
Hospitals

Statement of Trustee's responsibilities

The Trustee is responsible for:

- Keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Funds held on trust and to enable them to ensure that the accounts comply with Charities Act 2011 requirements;
- Establishing and monitoring a system of internal control;
- Establishing arrangements for the prevention and detection of fraud and corruption;

And

- Safeguarding assets and ensuring their proper application under Charity law.

In accordance with the charities SORP Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011, the Trustee is required to prepare accounts for each financial year. The Charity Commission directs that these accounts give a true and fair view of the financial position of the funds held on trust. In preparing those accounts, the Trustee is required to:

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities;
- Apply on a consistent basis suitable accounting policies;
- Make judgements and estimates which are reasonable and prudent;

And

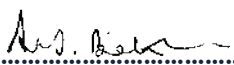
- State where the financial statements comply with the trust deed and whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts on a going concern basis. The financial statements set out on pages 51 to 68 attached have been compiled from and are in accordance with, the financial records maintained by the Trustees.

By order of the Trustee:

Chair.....

Dated: 29.01.2025.....

Trustee.....

Dated: 29.01.2025.....

Independent auditor's report to the members of York & Scarborough Hospitals Charity

Opinion

We have audited the financial statements of York & Scarborough Hospitals Charity (the 'charity') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its surplus for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the "Auditor's responsibilities for the audit of the financial statements" section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of Trustees

As explained more fully in the trustees' responsibilities statement set out on page 46, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

Based on our understanding of the charity and its industry, we considered that non-compliance with the following laws and regulations might have a material effect on the financial statements: the Charities Act 2011, employment regulation, health and safety regulation, anti-money laundering regulation.

To help us identify instances of non-compliance with these laws and regulations, and in identifying and assessing the risks of material misstatement in respect to non-compliance, our procedures included, but were not limited to:

- Inquiring of management and, where appropriate, those charged with governance, as to whether the charity is in compliance with laws and regulations, and discussing their policies and procedures regarding compliance with laws and regulations;
- Inspecting correspondence, if any, with relevant licensing or regulatory authorities;
- Communicating identified laws and regulations to the engagement team and remaining alert to any indications of non-compliance throughout our audit; and
- Considering the risk of acts by the charity which were contrary to applicable laws and regulations, including fraud.

We also considered those laws and regulations that have a direct effect on the preparation of the financial statements, such as tax legislation, pension legislation and the Charities Act 2011.

In addition, we evaluated the trustees' and management's incentives and opportunities for fraudulent manipulation of the financial statements, including the risk of management override of controls, and determined that the principal risks related to posting manual journal entries to manipulate financial performance, management bias through judgements and assumptions in significant accounting estimates, in particular in relation to income recognition (which we pinpointed to the cut off assertion, and significant one-off or unusual transactions).

Our audit procedures in relation to fraud included but were not limited to:

- Making enquiries of the trustees and management on whether they had knowledge of any actual, suspected or alleged fraud;
- Gaining an understanding of the internal controls established to mitigate risks related to fraud;
- Discussing amongst the engagement team the risks of fraud; and
- Addressing the risks of fraud through management override of controls by performing journal entry testing.

There are inherent limitations in the audit procedures described above and the primary responsibility for the prevention and detection of irregularities including fraud rests with management. As with any audit, there remained a risk of non-detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal controls.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of the audit report

This report is made solely to the charity's members as a body in accordance with Section 144 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body for our audit work, for this report, or for the opinions we have formed.

Forvis Mazars LLP

Forvis Mazars LLP (Jan 30, 2025 09:42 GMT)

Michael Speight (Senior Statutory Auditor)

for and on behalf of Forvis Mazars LLP

Chartered Accountants and Statutory Auditor

5th Floor

3 Wellington Place

Leeds

LS1 4AP

Date: 30/01/2025

Statement of financial activities for the year ended 31 March 2024

	Note	Unrestricted		Restricted		Endowment		Total Year Ended	
		Funds	£000s	Funds	£000s	Funds	£000s	31 March 2024	31 March 2023
Income and Endowments from									
Donations and Legacies	2	1,107		235		-		1,342	1,001
Other Trading Activities		17		6		-		23	47
Investments		108		10		38		156	177
Total Income		1,232		251		38		1,521	1,225
Expenditure on									
Raising Funds	4	(195)		(17)		(51)		(263)	(304)
Charitable Activities	3,4	(1,164)		(148)		(28)		(1,340)	(1,779)
Total Expenditure	4	(1,359)		(165)		(79)		(1,603)	(2,083)
Net gains/(losses) on investments	14.1-14.3	372		38		135		545	(488)
Net income/(expenditure)		245		124		94		463	(1,346)
Transfers between Funds		-		-		-		-	-
Net movement in funds		245		124		94		463	(1,346)
Reconciliation of funds									
Total funds brought forward	14.1-14.3	3,846		510		1,307		5,663	7,009
Total funds carried forward		4,091		634		1,401		6,126	5,663

Statement of financial position as at 31 March 2024

	Note	Unrestricted Funds		Restricted Funds		Endowment Funds		Total at 31 March 2024		Unrestricted Funds		Restricted Funds		Endowment Funds		Total at 31 March 2023	
		£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s	£000s
Fixed Assets																	
Investments	7	4,484	757	144	12	181	8	1,401	6,642	4,127	678	1,307	6,112	4,127	678	1,307	6,112
Total Fixed Assets		4,484	757	144	12	181	8	1,401	6,642	4,127	678	1,307	6,112	4,127	678	1,307	6,112
Current Assets																	
Debtors	8			144	12				156	208	35		243	208	35		243
Cash at bank and in hand	13			181	8				189	373	16		389	373	16		389
Total Current Assets		325	20	144	12	181	8	1,401	345	581	51	1,307	632	581	51	1,307	632
Current Liabilities																	
Creditors	9	(718)	(143)						(861)	(862)	(219)		(1,081)	(862)	(219)		(1,081)
Net Current Assets/(Liabilities)		(393)	(123)	144	12	181	8	1,401	(516)	(281)	(168)	1,307	(449)	(281)	(168)	1,307	(449)
Total Net Assets		4,091	634	144	12	181	8	1,401	6,126	3,846	510	1,307	5,663	3,846	510	1,307	5,663
Funds of the Charity																	
Endowment Funds	14.1							1,401	1,401			1,307	1,307			1,307	1,307
Restricted income funds	14.2		634						634		510		510		510		510
Unrestricted income funds	14.3	4,091							4,091	3,846			3,846	3,846			3,846
Total Funds of the Charity		4,091	634	144	12	181	8	1,401	6,126	3,846	510	1,307	5,663	3,846	510	1,307	5,663

Signed for and on behalf of the Corporate Trustee by:

Chair *Martin Berkeley* Dated: 29.01.2025

Corporate Trustee *Aus. Kees* Dated: 29.01.2025

Statement of cashflows for the year ended 31 March 2024

	Note	Total at 31 March 2024	Total at 31 March 2023
		£000s	£000s
Cashflows from OPERATING Activities			
Net cash provided by (used in) operating activities	11	(411)	(161)
Cashflows from INVESTING activities:			
Dividends, interest, and rents from investments	12	156	177
Proceeds from sale of investments	7.1	1,055	820
Purchase of investments	7.1	(1,000)	(782)
Net cash provided by investing activities		211	215
<i>Change in cash and cash equivalents in the reporting period</i>		(200)	54
<i>Cash and cash equivalents at the beginning of the reporting period</i>	13	389	335
Cash and cash equivalents at the end of the reporting period	13	189	389
Analysis of cash and cash equivalents			
Cash in hand		189	389
Total cash and cash equivalents		189	389

1 Accounting policies

1.1 Accounting convention / Basis of preparation

The financial statements have been prepared under the historical cost convention, as modified for the revaluation of certain investments, and in accordance with applicable accounting standards. The accounts have been prepared in accordance with the Charities SORP Financial Reporting Standard 102 (FRS 102) issued in October 2019, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1st January 2019.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Charities Statement of Recommended Practice (FRS 102) in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the "Accounting and Reporting by Charities: Statement of Recommended Practice Charities SORP 2005" which has since been withdrawn.

The funds held on trust accounts are prepared in accordance with the accruals concept. With an overall funds balance of £6.1m and expenditure for 2023/24 of £1.6m (and not expected to increase significantly over the next 2 years), then the charity is considered to be a going concern.

The trustee considers that there are no material uncertainties about York and Scarborough Hospitals Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

1.2 Income

All income including donations, activities for generating funds and investment income are included in full in the Statement of Financial Activities as soon as the following three factors are met:

- i) Entitlement - arises when a particular resource is receivable or the Charity's right becomes legally enforceable;
- ii) Receipt - when it is probable that the income will be received;
- iii) Measurement - when the monetary value of the income resources can be measured with sufficient reliability.

Gifts in kind

Gifts in kind, such as food and care packages, are not accounted for when they are accepted and immediately distributed, unless a single donation is material.

Gifts of tangible assets are recognised as a donation at fair value (market price) on receipt and charitable expenditure when they are distributed.

Where gifts in kind are held before being distributed to beneficiaries, they are recognised at fair value as stock until they are distributed.

Legacies

Legacies are accounted for as income once the receipt of the legacy becomes probable. Receipt is probable when;

- i) Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- ii) The executors have established that there are sufficient assets in the estate to fulfil payment of the legacy;
- iii) All conditions attached to the legacy have been fulfilled or are within the Charity's control.

Where the exact monetary value is not known, an assessment will be made based on known facts and potential liabilities and disbursements due from the estate, to provide a reasonable estimation of the amount due to the charity.

1.3 Expenditure

All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party. Expenditure is apportioned on a direct cost basis across restricted, unrestricted and endowment funds and irrecoverable VAT is included in the expense to which it relates.

Cost of generating funds

The cost of generating funds are the costs associated with generating income for the funds held on trust. This will include the costs associated with investment managers' fees.

Grants payable

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the funds held on Trust's charitable objectives, primarily to relieve those who are sick. They are accounted for where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant when a constructive obligation is created.

Governance costs

These cover legal and audit fees.

Support costs

These are recharges of appropriate proportions of staff services costs from York Teaching Hospital NHS Foundation Trust. See Note 6.

1.4 Fixed assets

Fixed assets bought via the Charity are gifted to the Trust and accounted for in the Trust's accounting records. Tangible and intangible assets which are capable of being used for more than one year and have a cost equal to or greater than £5,000 are capitalised.

1.5 Cash and cash equivalent

Cash at bank and in hand is held to meet the day-to-day running costs of the Charity as they fall due. This includes amounts held in interest bearing savings accounts with a notice period of less than 30 days.

1.6 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.7 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

1.8 Financial instruments

The Charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. With the exception of the fixed asset investments, basic financial instruments are initially recognised at transaction value and subsequently measured at the present value of the future cash flows unless the effect of discounting would be immaterial.

Financial assets comprise cash at bank, cash in hand and debtors. Financial liabilities comprise creditors.

Fixed asset investments, including bonds and cash held as part of the investment portfolio, are reported at fair value at the balance sheet date, with gains and losses being recognised within statement of financial activities.

1.9 Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund.

Funds where the capital is held to generate income for charitable purposes and cannot be spent are accounted for as endowment funds.

Other funds are classified as unrestricted funds.

Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes are designated funds.

The major funds held within these categories are disclosed on notes 14.1 to 14.3.

1.10 Investment in fixed assets

Investments in fixed assets are shown at market value as at the balance sheet date.

The Statement of Financial Activities includes the net gains and losses arising on any revaluation and disposals throughout the year.

i) Quoted stocks and shares are included in the Statement of Financial Position at current market value quoted by the investment analyst excluding dividend.

ii) Other investment fixed assets are included at market value as per the Charity's investment manager's valuation report.

1.11 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between opening market value (or purchase value if later) and sales proceeds.

Unrealised gains and losses are calculated as the difference between opening market value (or purchase value if later) and closing market value at the year end.

1.12 Accounting judgements and estimates

There are no critical judgements or estimates used in the preparation of the financial statements.

Notes to the accounts

2 Analysis of income from donations and legacies

	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total 2024 £000s	Total 2023 £000s
Donations	183	103	-	286	355
Legacies	439	100	-	539	519
Grants (Incl. League of Friends)	425	19	-	444	95
Gift in Kind Donations	60	13	-	73	32
Total	1,107	235	-	1,342	1,001

Donation of gift in kind goods totalling £73k are included in income at their market value (2023: £32k). All of these donations have been distributed during the year with expenditure recognised in note 3.

3 Analysis of charitable expenditure

	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total 2024 £000s	Total 2023 £000s
Patients welfare and amenities	391	(16)	-	375	504
Staff welfare and amenities	290	69	-	359	210
Building and refurbishment	(8)	13	-	5	631
Purchase of equipment	412	74	-	486	337
Total	1,085	140	-	1,225	1,682

£73k of donated gift in kind goods are recognised in note 3; £50k in Patients welfare and amenities, £21.5k in Building and refurbishment, £1.5k in Staff welfare and amenities. (2023: £32k was recognised; £28k in Patients welfare and amenities and £4k in Staff welfare and amenities.)

4 Analysis of total expenditure

	Costs of Activities for Charitable Objectives £000s	Cost of Generating Funds £000s	Total 2024 £000s	Total 2023 £000s
Governance Cost - Audit fee	15	3	18	7
Support services from NHS	79	18	97	90
Charitable expenditure	1,225	-	1,225	1,682
Fundraising	-	228	228	267
Investment management fees	-	35	35	37
Total	1,319	284	1,603	2,083

The Charity had no employees in the period (2023: nil). Charitable expenditure relates solely to grants paid to York and Scarborough Teaching Hospitals NHS FT. These grants are compliant with the Charities SORP Paragraph 16.13.

Notes to the accounts

5 Auditor's remuneration

The Auditor's remuneration of £18,000 inclusive of VAT (£7,203 in 2022/23) relates solely to the audit with no other additional work being undertaken (2022/23: no additional work undertaken).

6 Analysis of staff costs

No members of staff are employed directly by the Charity. Salary costs in respect of fundraising, financial management and administration are recharged by York and Scarborough Teaching Hospitals NHS Foundation Trust.

The recharge is based on time spent on work related to the charity.

Key management personnel roles included below are the Charity Manager, Deputy Finance Director and Deputy Head of Corporate Finance. The values are based on the amount of time spent on charity related work. The total cost recognised in relation to these roles, including social security costs and employers pension contribution is £78k (£71k in 2022/23).

	Total	Total
	2024	2023
	£000s	£000s
Salaries and Wages	221	214
Social Security costs	22	21
Employers Pension contribution	31	33
Total	274	268

7 Analysis of fixed asset investments

7.1 Fixed asset investments

	Total	Total
	2024	2023
	£000s	£000s
Market value brought forward	6,112	7,488
Add: Acquisitions at cost	1,000	782
Less: Disposals at carrying value	(1,055)	(820)
Add: Net gain / (loss) on revaluation	545	(488)
Transfers (to) / from cash	40	(850)
Market Value at 31 March	6,642	6,112
Historic cost at 31 March	5,545	5,584

Notes to the accounts

7.2 Investment portfolio summary

	Market Value 2024 £000s	Market Value 2023 £000s
UK Bonds	765	501
Overseas Bonds	336	450
UK Equities	1,189	1,166
North American Equities	2,391	1,824
European Equities	413	373
Japanese Equities	237	218
Asia Pacific Equities	337	353
Emerging Market Equities	115	109
Global Investments	144	133
Absolute Return	452	653
Private Equity	-	144
Other Investments	174	140
Cash – deposit	89	48
Total	6,642	6,112

One investment (Vanguard Funds PLC S&P 500 UCITS ETF USD DIS) is held that represents 6% of the portfolio. All remaining investments are below 5% of the value of the investment portfolio (2023: No investments were held that represented more than 5% of the portfolio).

8 Analysis of debtors

	Total 2024 £000s	Total 2023 £000s
Amounts falling due within one year:		
Accrued income	156	243
Total	156	243

9 Analysis of creditors

	Total 2024 £000s	Total 2023 £000s
Amounts falling due within one year:		
Accruals	267	430
Commitments	594	651
Total	861	1,081

Notes to the accounts

10 Financial instruments

	Total 2024 £000s	Total 2023 £000s
Financial assets measured at fair value through profit or loss:		
Investments	6,642	6,112

11 Reconciliation of net income / (expenditure) to net cash flow from operating activities

	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £000s	Total 2024 £000s	Total 2023 £000s
Net movement in funds for the reporting period (as per the <u>SoFA</u>)	245	124	94	463	(1,346)
Adjustments for:					
Dividends, <u>interest</u> and rents from investments	(108)	(10)	(38)	(156)	(177)
(Increase) / decrease in debtors	64	23	-	87	(137)
Increase / (decrease) in creditors	(144)	(76)	-	(220)	161
(Gains) / losses on investment	(372)	(38)	(135)	(545)	488
(Increase) / decrease in investment deposit account	(40)	-	-	(40)	-
(Deposit) to / withdrawal from portfolio	-	-	-	-	850
Net cash provided by (used in) operating activities	(355)	23	(79)	(411)	(161)

During the year, no deposits or withdrawals were transacted in the portfolio. £850k was withdrawn in the previous year.

12 Cash from dividends, interest and rents from investments

	Total 2024 £000s	Total 2023 £000s
Dividends	153	177
Interest - Business Premium Account	3	-
Total	156	177

13 Analysis of cash and cash equivalents

	Total 2024 £000s	Total 2023 £000s
Cash at bank & in hand	46	72
Notice deposits (less than 30 days)	137	317
Total	183	389

Notes to the accounts

14 Analysis of funds

14.1 Endowment funds

	Balance 1 April 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
Material Funds	£000s	£000s	£000s	£000s	£000s	£000s
Elsie May Sykes Legacy	1,242	36	(75)	-	128	1,331
Others (2)	65	2	(4)	-	7	70
Total	1,307	38	(79)	-	135	1,401

Note 14.1 discloses funds with a closing balance of £100k and above. The remaining funds are grouped within others, which consists of 2 funds below the £100k threshold.

Income generated from the Elsie May Sykes Legacy fund is used for the purchase of medical equipment or to further medical research.

14.2 Restricted funds

	Balance 1 April 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
Material Funds	£000s	£000s	£000s	£000s	£000s	£000s
John Moore / Stringer Legacy	129	4	(13)	-	13	133
Scarborough UECC Appeal	145	171	(14)	-	-	302
Other Restricted Funds (18)	236	76	(138)	-	25	199
Total	510	251	(165)	-	38	634

Note 14.2 discloses funds with a closing balance of £100k and above. The remaining funds are grouped within others, which consists of 18 funds below the £100k threshold.

Name of Fund

John Moore / Stringer Legacy
Scarborough UECC Appeal

Purpose

Oncology Services
Appeal to support the Scarborough UECC capital project

Notes to the accounts

14.3 Unrestricted funds

	Balance 1 April 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
Material Funds	£000s	£000s	£000s	£000s	£000s	£000s
Coronary Care Unit	388	12	(44)	-	40	396
Scarborough Children's Target Fund	363	-	-	-	-	363
Haematology	277	14	(25)	-	28	294
Ophthalmic Department	24	205	(9)	-	9	229
York SCBU	95	7	(9)	-	9	102
Other Unrestricted Funds (126)	1,925	465	(600)	12	198	2,000
Total	3,072	703	(687)	12	284	3,384
York Unallocated	254	336	(438)	(12)	37	177
Selby Unallocated	227	25	(65)	-	22	209
Scarborough Unallocated	193	111	(102)	-	21	223
Other Unallocated Funds (2)	100	57	(67)	-	8	98
Total	774	529	(672)	(12)	88	707
Overall Unrestricted Funds Total	3,846	1,232	(1,359)	0	372	4,091

Note 14.3 discloses funds with a closing balance of £100k and above. The remaining funds are grouped within other unrestricted funds, which consists of 126 funds; and other unallocated funds, which consists of 2 funds below the £100k threshold.

During the year, £12k was approved to be transferred from the York Unallocated fund to the Arts in Healthcare unrestricted fund.

Name of Fund	Purpose	Timeframe
Coronary Care Unit	Designated – Coronary Care	1-2 years
Scarborough Children's Target Fund	Designated – Children's Services	2-3 years
Haematology	Designated – Haematology Services	2-3 years
Ophthalmic Department	Designated – Ophthalmic Department	1-2 years
York SCBU	Designated – York SCBU	1-2 years
York Unallocated	General Charitable Purpose	Up to 1 year
Selby Unallocated	General Charitable Purpose	1-2 years
Scarborough Unallocated	General Charitable Purpose	Up to 1 year

Notes to the accounts

15 Related party transactions

The Corporate Trustee of the Charity is the Board of Directors of York and Scarborough Teaching Hospitals NHS Foundation Trust (YSTHFT) which is the main beneficiary of the Charity, they are therefore related parties.

YSTHFT provides financial services to the Charity, in accordance with a service level agreement. All charitable grant expenditure is paid by YSTHFT and reimbursed by the Charity.

During the year £1.2m of charitable expenditure was recognised by the charity relating to grants to YSTHFT (£1.7m 2022/23).

YSTHFT charged the Charity £0.3m for fundraising, governance, and support costs (£0.4m 2022/23).

At the year-end there was a creditor balance of £0.2m due to York and Scarborough Teaching Hospitals NHS Foundation Trust (0.4m 2022/23).

The Trustee received no remuneration or expenses for their services in the year (Nil 2022/23).

At year end, no amount was due to the Charity from the Trustee (Nil 2022/23).

Declarations of interests, completed on an annual basis by Executive and Non-Executive Directors, have been reviewed to identify any related party relationships requiring disclosure within this note.

The Charity has related party transactions with Friends of St Monica's Hospital through connections with the Non-Executive Directors of the Corporate Trustee and their associated interests.

The Charity recognised £1k of income from Friends of St Monica's Hospital during the year (£2k in 2022/23).

16 Control

The objectives of the Charity as set out in the governing documents are discharged by the Corporate Trustee.

The Corporate Trustee is York and Scarborough Teaching Hospitals NHS Foundation Trust's Board of Directors who carry out these duties independently from their obligations as Foundation Trust Board members.



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Registered Charity No. 1054527



Making a positive
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