

WINTER 2024

# SUPPORTER NEWSLETTER



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[www.yshospitalscharity.org](http://www.yshospitalscharity.org)

Registered Charity No. 1054527



Making a positive  
difference in your  
local hospital



# Dear friends and supporters

Welcome, we're thrilled to share our Winter newsletter brimming with inspiring stories and the incredible projects making a positive impact on your local hospitals, all thanks to the generosity of amazing supporters like you.

Your support plays a vital role in enabling us to fund the extras to improve patient care and experience and support staff wellbeing.

You make a huge difference to our staff, patients, and families every day. It is almost time to think about the new year. Why not get outside and challenge yourself to take part in an event to show your support? Read on to find out how you can get involved.

**Ready to show your support?** It's easy! Make a one-off donation online or become a regular donor at [www.yshospitalscharity.org](http://www.yshospitalscharity.org). Alternatively, you can complete the donation form on the back of this newsletter.

Thank you, on behalf of everyone at our hospitals.

The Charity Team

Hannah Becky Emma Joe Rachel

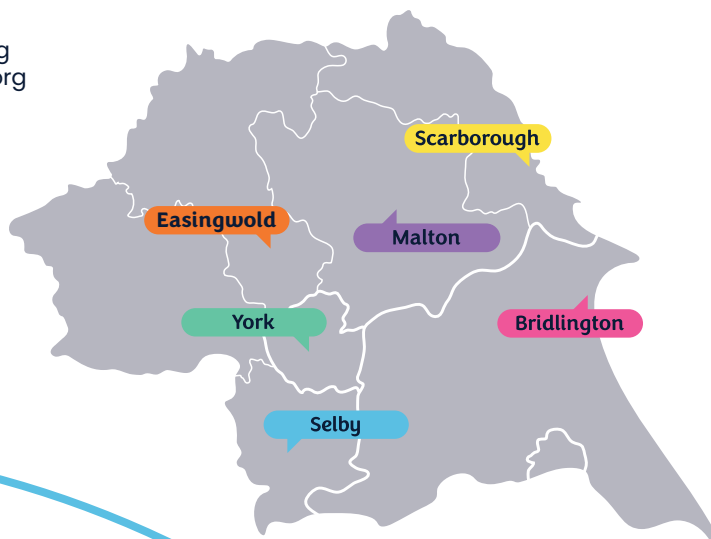
## Get in touch

[www.yshospitalscharity.org](http://www.yshospitalscharity.org)  
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## York & Scarborough Hospitals Charity

**York Hospital,**  
Wigginton Road,  
York, YO31 8HE

**Scarborough Hospital,**  
Woodlands Road,  
Scarborough, YO12 6QL



## Connect with us online:

- Facebook: YSHospitalsCharity
- X: @YSHospCharity
- LinkedIn: York & Scarborough Hospitals Charity
- Instagram: @YSHospCharity

# Launch of new charity website

We are excited to announce the recent launch of our new website!

The brand-new website is an exciting development that was made possible thanks to a charity development grant received from NHS Charities Together.

Our new website will make it easier for you to find the information you need. You can sign up to join the lottery, receive the email newsletter or find out how you can help fundraise or volunteer at events.

As well as browsing the latest charity news you can also use the site to donate directly to our fantastic wards or departments and choose which hospital you would like your donation to benefit.

Emma Sargent, Fundraising Manager said:

“The new website is fantastic tool for supporters of our charity. It's a one stop shop for a range of information and we look forward to hearing from the wonderful community who support us.”



# The difference you've made

## From the front cover

### The opening of the new breast screening facility

We recently celebrated the official opening of the new breast screening facility in York, all thanks to your donations.

The new unit, located in the Magnolia Centre at York Hospital, will deliver screening to a population of over 90,000 clients eligible for screening on a three yearly cycle, offering assessment, diagnosis, and access to research trials.

Debbie Brian, Breast Imaging Unit Manager, said:

“This facility will make a great difference to those offered breast screening in York. A dedicated facility in a lovely environment is perfect.

Breast screening is such an important health care tool and is quick and easy. We would like to express our gratitude to York & Scarborough Hospitals Charity and those who have raised funds.”



### Research clinic room at Scarborough hospital

We recently attended the unveiling of a brand-new research clinic room at Scarborough Hospital, made possible by your generous donations.

This dedicated room will allow the Research and Innovation Team to conduct clinical trials in a controlled, quiet setting, away from the busy activity of the main hospital areas.

The room will have a significant impact for Scarborough Hospital by creating a space where life-changing research can take place, providing patients with access to new groundbreaking treatments and dedicated care.



### Interactive projector for children's waiting area

Thanks to your generous donations, children visiting York Hospital's Child Development Centre can now enjoy a more welcoming and engaging experience while waiting for outpatient appointments.

An interactive floor projector has been installed, transforming the waiting area into a playful and stimulating environment.

This interactive technology provides not only entertainment but also an opportunity for children to engage with one another, making the time pass more pleasantly before their appointments.



# The difference you've made

## Shower chairs at Selby Hospital

The New Selby War Memorial Hospital's Inpatient Unit has been able to purchase 14 new shower chairs for patients thanks to your donations. These chairs will make a significant difference to patient independence, ensuring safer hygiene practices on the ward.

With a shower chair now available in each bathroom, more patients can access the facilities safely and comfortably, encouraging them to take a more active role in their daily care. This is crucial in helping them regain their independence and progress towards returning home.



## Comfort packs for bereaved families

Your donations have enabled comfort packs to be funded for bereaved families at York and Scarborough Hospitals.

The Specialist Palliative Care Team are at hand to offer advice, support, and information to help adults and children of all ages. A special charity tote bag is given to those staying overnight with the patient who is at the end of their life, as this can sometimes come at a time when family and friends are unprepared for bad news and have little time to gather belongings.

The overnight pack contains a blanket, essential toiletries, tissues and a food and drink voucher for either Ellerby's Restaurant at York Hospital or for Pat's Place at Scarborough Hospital.

Debbie Bayes, Lead Nurse for Palliative Care and End of Life Care said:

“The pack is given to those who really need it at a very difficult time in their lives. Supporting families is very important in the early stages and they bring a lot of comfort. We are very grateful to the charity for their help.”



## Recliner chairs for cancer patients

Thanks to your donations, 20 specialist recliner chairs have been delivered to cancer treatment centres in York and Scarborough hospitals. The chairs allow patients receiving chemotherapy to relax during treatment.

Simon Mitchell of South Duffield, who is being treated for colon cancer explained

“I can totally relax in them, they are very modern, cool, and relaxing. I am often here all day for treatment so to have these chairs are wonderful. I am grateful, it's wonderful to have a comfy chair and would like to thank all those people who donated money to buy them.”



## Audiology booth refurbishment

Thanks to a generous legacy we have been able to fund the refurbishment of two audiology test rooms at Scarborough Hospital.

The booths have greatly enhanced audiology services, providing a much-improved environment for conducting hearing assessments, offering a high-specification testing area that's free from external noise to ensure accurate and reliable hearing tests.

The refurbishment of these rooms has created a more welcoming space, especially as the space is now more inviting for children and their families.



# Scarborough Urgent and Emergency Care Centre

The new Scarborough Urgent and Emergency Care Centre (UECC) will be opening to patients in 2025, we are reflecting on the fantastic response we have had from the community in support of our UECC Appeal. York & Scarborough Hospitals Charity has been able to contribute over £800k to the fund the extras over and above that which was included in the build.

From the everyday to the transformational, we are proud to have funded the following areas within the build to enhance patient care and experience and staff wellbeing. We are so incredibly grateful to everyone who has made this possible.

- ✿ Artwork around the entire build
- ✿ Autumn room for palliative patients
- ✿ Childrens' waiting room
- ✿ Two ensuite relatives' rooms
- ✿ Sensory room for patients with additional needs
- ✿ Two patient gardens
- ✿ Two staff gardens





## WRITE YOUR *forever thank you* INTO YOUR WILL

Writing a gift to York & Scarborough Hospitals Charity into your Will is the best possible way to say your forever thank you. It's a gift that will make a long-lasting positive difference, after you're gone. You can choose the hospital, ward or department you would like your gift to support.





Find out more by emailing [hello@yshospitalscharity.org](mailto:hello@yshospitalscharity.org) or calling 01904 724521.



## Ways to leave a gift in your Will

If you would like to leave a gift in your Will, how you decide to support the charity is entirely up to you.

There are four main types of legacy you might wish to consider:

-  **Residuary legacy** - This is the remainder of your estate after all other gifts have been made. This is often a popular way to leave a legacy as all other gifts have been given first and it is expressed as a fraction of your estate so it retains its value over time. This can be anything from 1% to 100%.
-  **Pecuniary legacy** - This is a fixed amount of money left to the charity. The amount of money may fall due to inflation so we do advise you to review the amount regularly.
-  **Specific legacy** - This is a gift of a specific possession such as jewellery, antiques, land or buildings.
-  **Reversionary legacy** - This allows you to leave your estate to your dependants while they are living, but after they pass away it will revert to the charity. For example, you may leave your house to your first beneficiary but after their death, the house passes to the second beneficiary which could be the charity.

It's never an easy conversation to have to think about, but making a Will is one of the most important decisions you can make to help safeguard for family in the future.

You can contact us at any time to discuss the options for leaving a gift in your Will, or find out more by visiting:

[www.yshospitalscharity.org](http://www.yshospitalscharity.org)



# A big thank you

We're so thankful to all of our amazing supporters who took part in one of this year's challenge events which included the Yorkshire Three Peaks, the Great North Run, the Yorkshire Marathon and the York and Yorkshire Coast 10k.

23 amazing walkers conquered the Yorkshire Three Peaks earlier this year. Despite the tough conditions on the day, over **£4,000** was raised!

In September, we had 22 fantastic runners take on the iconic Great North Run. Our runners battled the elements and raised a phenomenal to **£10,500** support the charity!



# Upcoming 2025 events

Do you fancy trying something new and exciting in 2025? Rise to the challenge and take on one of our events to support your local hospital.

Our 2025 calendar is taking shape, set to be packed full of exciting challenge events. There will be something for everyone from walking to swimming and much more! We are looking forward to a year full of fantastic fundraising whilst creating memories that will last a lifetime.

Read more and sign up at [yshospitalscharity.org/challenge](https://yshospitalscharity.org/challenge)

**Great North Swim – Friday 13 – Sunday 15 June 2025**

**Yorkshire 3 Peaks – Saturday 19 July 2025**

**York 10k – Sunday 3 August 2025**

**Great North Run – Sunday 7 Sept 2025**

**Yorkshire Coast 10k – Date TBC**



# Support from our communities

## Joe's year of fundraising

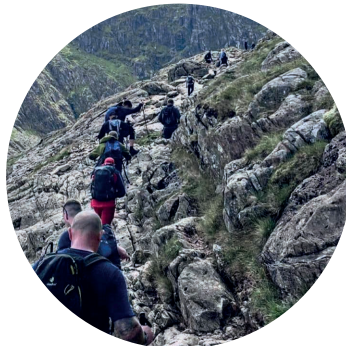
A big thank you to Scarborough dad Joe Logan, who along with 11 of his friends and family took on the National Three Peaks earlier in the year.

Joe wanted to say thank you to the fantastic team in the Special Care Baby Unit at Scarborough Hospital who cared for his three daughters who were all born prematurely.

The group took on the ultimate challenge by travelling and climbing the three highest peaks in Scotland, England, and Wales over a 24-hour period.

Joe and his brother-in-law Jordan have completed a total of five challenges in 2024 including the Leeds Half Marathon and the Great North Run.

Joe and his team have raised an incredible **£5,104**, a phenomenal amount that will make such a difference to the Special Care Baby Unit!



## Jill and Robin's walking challenge

Enormous thanks go to Jill and her husband Robin who took on the challenge of walking 300 miles in September to support the liver team at York Hospital.

Jill has been receiving care from the liver team since 2014, spending much of her time as an inpatient. In 2023 Jill received a liver transplant and after her recovery she wanted to give back to the department whilst raising awareness about liver donation.

Jill and Robin celebrated the end of their challenge by hosting a coffee morning, making her grand total over **£1,933**!



## NC72 Charity Golf Day

We're so thankful to Andy for his continued support of the Intensive Care Unit at York Hospital by hosting a memorial golf day for the fifth year running.

The NC72 golf day held in memory of Andy's brother Steve raised a fantastic **£2,899** making a grand total of **£9,656** over the last five years!





### Lisa's fundraising success

We're so grateful to Lisa and Simon, owners of LSK Catering in Malton, for organising a series of fundraising events to support the Maxillofacial Unit at York Hospital.

Lisa's father, Porkey, received outstanding care following his oral cancer diagnosis in February 2024 and the family wanted to show their gratitude by raising funds to support the department.

Their fundraising included bucket collecting at racing events, biker meet ups and a bingo night. Raising a fantastic grand total of **£3,778!**



### Rachael's Golf Day

A huge thank you to Rachael and Rich for organising a charity golf day and raising a fantastic **£5,316** to benefit the Early Pregnancy Unit at York Hospital.

The event was held at the KP club in Pocklington and saw many keen golfers come together to support such a worthwhile cause.

The money raised will be used to fund recliner chairs for the department, making such a difference to patients.

### Thank you David

Thank you to David, who celebrated his 60th birthday party and raised a fantastic **£665** to support the diabetes department at York Hospital.

David works as part of the catering team at York Hospital. He collected donations in lieu of presents and a great night was had by all who attended. The money raised will make such a difference!



### Colette and Clair's fundraising challenge

Colette and Clair raised a fantastic **£1,118** to support the Stroke Unit at York Hospital.

The pair took on a 60-mile running challenge earlier in the year, and they continued their fundraising with a car boot and other events at the Beagle Pub in Acomb. We're so thankful for their support!



### York Inset Scooter Club

York Inset Scooter Club have raised an incredible **£1,010** this year to support the Magnolia Centre at York Hospital.

The club did a charity ride back in the spring, kindly matching the funds that were raised. We recently attended a cheque presentation evening where a further **£200** was raised at a raffle topping up their fantastic amount.

This is the third year the Scooter Club have supported the Magnolia Centre and were so thankful for their continued support.



# Arts in hospitals

## Arts Team Musicians sing-a-thon

Musicians Chris and Sarah are regular performers as part of the Music on the Wards programme. The programme is organised by the Arts Team with the aim of enhancing the wellbeing of patients, staff and visitors through live musical performances.

Chris and Sarah decided to take on a challenge of performing for 12 hours straight, as part of a sing-a-thon to show their appreciation to the staff across the Trust whilst raising funds for the Arts Team to keep the Music on the Wards programme going.

For twelve hours Chris with his guitar and Sarah on the Celtic harp performed across York Hospital, lifting the spirits of staff, visitors and patients with their upbeat music.

Together they raised an impressive **£423** to benefit the Arts Team, which will help to make a real difference to your local hospital.



# Volunteer with us

**We need your help! Could you spare time each week or month to support your local hospital? Why not get involved and help make a difference in 2025!**

We are looking for volunteers to help us with some fantastic opportunities. From bucket collecting, to distributing collection tins around the community – you could make a difference today!

Get in touch with us to find out more about our volunteering roles.

**Sign up to receive updates on our volunteering roles**  
[yshospitalscharity.org/keepintouch](https://yshospitalscharity.org/keepintouch)

**Perhaps you'd like to organise your own fundraising event to make a difference?**

If you've got an idea in mind, please get in touch with one of our dedicated fundraisers using the details below!



## Becky White

Community Fundraiser  
01904 725738  
rebecca.white76@nhs.net



## Joe Fenton

Individual Giving Fundraiser  
01904 721755  
joe.fenton@nhs.net



# Donation Form

Thank you for your support, together we can make a huge difference.

First Name:

Surname:

Home Address:

Postcode:

Telephone:

Email:

I would like to donate £

to **York & Scarborough Hospitals Charity**

Please use my donation to support the following hospital or department:

**Donate by Cheque:** Please make it payable to **York & Scarborough Hospitals Charity**, send with this form enclosed to the address below.



**Donate online:** Please visit [www.york.nhs.uk/donate](http://www.york.nhs.uk/donate) or scan here to donate now using a credit or debit card.

**Donate via Bank Transfer:** Account no: 10989649, Sort Code: 20-99-56, Reference: Newsletter. Please advise us by phone or email if you are making a payment so that we know to look out for it and can say thank you!

## We'd love to keep in touch

Please let us know if you would like to hear about where your donation and money raised is helping in our hospitals along with future event and fundraising campaigns.

By post  By email  By phone  No thanks

Please let us know if you would like to hear from us about future volunteering opportunities when they arise.

By post  By email  By phone  No thanks

You can change your preferences at any time by contacting us on the details below and you can read our full data protection and privacy policy on our website at [www.yshospitalscharity.org](http://www.yshospitalscharity.org)

## Increase your donation by 25p for every £1 you donate!

*giftaid it*  I want to Gift Aid my above donation and any donations I make in the future or have made in the past 4 years to York & Scarborough Hospitals Charity

I am a UK taxpayer and understand that if I pass less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. York & Scarborough Hospitals Charity was previously known as York Teaching Hospital Charity.

Please return your form by post or in person to: York & Scarborough Hospitals Charity, Fundraising Office, York Hospital, Wigginton Road, York, YO31 8HE  
[hello@yshospitalscharity.org](mailto:hello@yshospitalscharity.org) 01904 724521 [www.yshospitalscharity.org](http://www.yshospitalscharity.org)

I understand that York & Scarborough Hospitals Charity will use any funds donated in the way that is most appropriate for the need of York and Scarborough Teaching Hospitals NHS Foundation Trust, in line with its charitable aim and objectives and I cannot request purchase of specific items.