

SUMMER 2024

SUPPORTER NEWSLETTER

Y&S
Hospitals
Charity



In this issue

- 4 - 5 The difference you've made
- 6 Success of our Scarborough Urgent and Emergency Care Appeal
- 8 - 10 Support from our communities

www.yshospitalscharity.org

Registered Charity No. 1054527



Making a positive
difference in your
local hospital



Dear friends and supporters

Welcome, we're thrilled to share our Summer newsletter brimming with inspiring fundraiser stories and the incredible projects you've funded making a positive impact at your local hospitals.

Your support plays a vital role in enabling us to fund the extras to improve patient care and experience and support staff wellbeing.

Ready to show your support? It's easy! Make a one-off donation online or become a regular donor at www.yshospitalscharity.org. Alternatively, you can complete the donation form on the back of this newsletter.

Thank you on behalf of everyone at our hospitals.

The Charity Team

Charlotte Becky Emma Joe Rachel

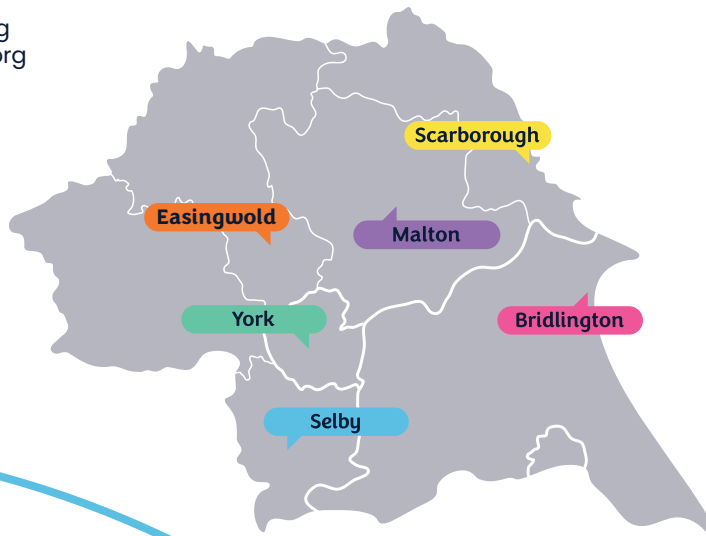
Get in touch

www.yshospitalscharity.org
hello@yshospitalscharity.org
01904 724521

York & Scarborough Hospitals Charity

York Hospital,
Wigginton Road,
York, YO31 8HE

Scarborough Hospital,
Woodlands Road,
Scarborough, YO12 6QL



Connect with us online:

- YSHospitalsCharity
- @YSHospCharity
- York & Scarborough Hospitals Charity
- @YSHospCharity

Support Groups

Each of our hospitals is supported by a League of Friends; these are independent registered charities which work to help provide equipment and resources to improve patient care and comfort along with volunteers.

Friends of Selby Hospital

Autumn Room

A dedicated palliative care room has opened in the inpatient unit at Selby Hospital thanks to donations from The Friends of the New Selby War Memorial Hospital.

The room is part of the Autumn Project, created to support patients and their families who are receiving end of life care. The room is designed to give a more homely environment for patients and their loved ones to have a special space, providing a comfortable setting to allow loved ones all the facilities they may need.

The official opening of the room was attended by members of The Friends of the New Selby War Memorial Hospital in June. A particularly poignant moment came when John Issatt, son of the group's founding member and treasurer, Margaret Issatt, came to represent his mother.

Sadly, Margaret passed away in May after dedicating many years to fundraising for the hospital.

Lisa Noble, Deputy Sister, of the end-of-life care team in Selby explains:

“We are delighted to be able to introduce the Autumn room at Selby Hospital for the relatives of some of our seriously ill patients. Death and dying is very difficult to deal with, but helping patients and those people important to them at their time of greatest need is hugely important to us.”



The difference you've made

From the front cover

Post-surgery support for Breast Cancer patients

Thanks to your generous donations, we're thrilled to announce a new initiative for breast cancer patients at York and Scarborough hospitals.

Following breast cancer surgery, a well-fitting post-surgery bra can be essential for both physical comfort and emotional wellbeing. While some options are available at mainstream stores, they may not always provide the right fit or be financially accessible to everyone.

Our dedicated Breast Care Nurses now offer post-mastectomy bras directly to patients. Located within the Magnolia Centre at York Hospital, our nurses have a comfortable fitting room where patients can receive expert advice and, if needed, be fitted with a bra that best suits their individual needs.

This new service ensures that every patient has access to the support they deserve during their recovery journey. We're incredibly grateful for your contributions in making this possible!

Becky White, Community Fundraiser, said

“We are delighted to be able to support the post-mastectomy bra initiative and help patients going through a difficult time. York & Scarborough Hospitals Charity would love to hear from anyone who wishes to donate to allow the team to purchase more bras for future patients.”



Wheelchairs

Your donations have funded 30 new patient wheelchairs, greatly improving accessibility for all who visit York and Scarborough hospitals.

The wheelchairs are located at the main reception areas of both sites for immediate accessibility for those in need. With more wheelchairs now in circulation, this significantly improves comfort for everyone visiting, reducing stress and enhancing the overall experience for patients and their families.



TVs for Ward 31

18 brand new televisions have been funded for Ward 31 at York Hospital thanks to your donations.

The new addition will greatly enhance the hospital experience for our patients undergoing prolonged cancer treatments as these new televisions provide a valuable source of entertainment and distraction, helping to alleviate the psychological stress associated with long hospital stays.

Feedback from our patients has been overwhelmingly positive. Many have expressed their gratitude, noting the significant difference these new TVs have made. One patient shared,

“The picture is so much clearer on the new TVs, it's a small comfort, but it means the world when you're spending so much time in the hospital.”





Urgent & Emergency Care Appeal

Scarborough

We are delighted to announce the incredible success of our Scarborough Urgent and Emergency Care Appeal, having raised over **£425,000** thanks to the generous support from the East Coast community. With the additional commitment of £400,000 from existing charity funds, we are proud to be contributing over £825,000 to the scheme to enhance the care and experience of our patients and their families.

A heartfelt thank you goes to every donor who made this possible. Your generosity will directly impact the lives of those in our care by funding:

- Artwork throughout the fabric of the building:** nature themed and using colours specifically chosen to help reduce anxiety and aggression.
- Family rooms:** providing comfortable accommodation where families can stay close to their loved ones during the most difficult times.
- A private room:** will offer families access to a dignified and calm space to say goodbye if they have lost a loved one.
- Garden terraces:** building four garden terraces to offer patients, families, and staff a peaceful outdoor retreat.
- Children's waiting room:** a special waiting room for children to ensure a safe and engaging space while they await care.
- Specialist rooms:** including a mental health crisis room and a multifunctional room that will allow privacy for people with seen and unseen disabilities.



This remarkable support from our local community will fund the extras that make a significant difference to the care and experience of our patients and their families. We look forward to sharing updates on the progress of these projects and the positive impact they have had.

Thank you Estbek House

A huge thank you to the team at Estbek House, the North Yorkshire restaurant in Sandsend near Whitby, who hosted a wine and tapas evening raising a fantastic **£4,500** towards the Urgent and Emergency Care Appeal.

Co-owners David and Tim decided to support the appeal after David's late mother Brenda received phenomenal care at Scarborough Hospital.

On the evening, guests enjoyed a fine dining experience featuring an array of locally sourced tapas dishes, each paired with a selection of wines generously donated for the event. The evening

also included a raffle, with prizes kindly contributed by local businesses. The highlight of the raffle was a grand prize of a two-night stay at Estbek House, complete with dinner each evening, marking the restaurant's 20th anniversary and adding a special touch to the evening.

We are incredibly grateful to all the team at Estbek House for their generous support. The fantastic amount raised will make a real difference to both staff and patients who will spend time within the new Urgent and Emergency Care Centre at Scarborough Hospital.



Support from our communities

Mods & Rockers charity ride

The York Inset Scooter Club held their annual memorial Charity Bike Ride in April to benefit the Magnolia Centre at York Hospital.

Despite the rain, the Mods & Rockers came together at the Eye of York and rode to the Mended Drum in Huby in support of this worthy cause. Over £255 was raised on the day, with the scooter club generously adding additional funds to raise **£810!** A fantastic amount that will make such a difference to the Magnolia



Childrens Therapy team bake sale

A huge thanks go to the Children's Therapy team at Scarborough Hospital who organised a bake sale to raise funds towards funding new toys and equipment for the department.

The team made and sold a fantastic variety of treats outside of Pat's Place in Scarborough, raising a brilliant **£389**. The team are planning on doing a second bake sale this summer, the money raised will help to make therapy sessions even more fun and engaging for the children and their families.



Hampers at Bridlington

A big thank you to Emmanuel Church for the kind donation of wonderful hampers at Bridlington Hospital.

The Rington's gift hampers were packed with treats and lovely messages of support. We were thrilled to welcome Reverend Barbara and Reverend Richard, who helped deliver the hampers to all the wards and departments in Bridlington Hospital for staff to enjoy, as a token of their appreciation.



Thank you Newby and Scalby Primary School

The Rainbow Ward at Scarborough Hospital have received a generous donation of books thanks to the pupils at Newby and Scalby Primary School.

The books will help to bring smiles to the young patients on the ward, providing a welcome escape, as reading can offer a sense of normality and comfort during challenging times.

We are so thankful for the schools support, helping to make a difference to the children receiving care at Scarborough Hospital.



Maternity Raffle

To celebrate International Day of the Midwife, the Maternity teams at both York and Scarborough hospitals wanted to do something special by holding a raffle, raising an incredible **£1,504**!

The raffle, which also helped to mark York Maternity Unit's 40th birthday, had some fantastic prizes including a Eurostar trip to Paris and a 2-night Best Western Hotels stay.

Both York and Scarborough Maternity units went out of their way to sell tickets to staff and patients who wanted to show their appreciation for the incredible midwives both in the hospital and out in the community.

To mark the special occasion, the winners were drawn at York Maternity Unit with a celebratory 40th birthday party which included a fantastic cake for the care teams. Thank you to everyone who helped raise such a fantastic amount!



Join our lottery!

Your chance to win up to **£25,000** each week!



The more people play, the more money we receive, so we need your support.

For every £1 entry at least 50p comes directly to us. Sign up today and make a positive difference to your local hospital through **York & Scarborough Hospitals Charity**.

Be one of the first to sign up and receive a charity pin badge! Sign up now and receive a York & Scarborough Hospitals Charity pin badge as our little thank you. While stocks last.

www.york.nhs.uk/lottery

Sign up today online, or complete and return the form over the page using the freepost envelope enclosed or to York & Scarborough Hospitals Charity, York Hospital, Wigginton Road, York, YO31 8HE

BeGambleAware.org[®]

Terms and Conditions

Our lottery is part of the Unity Lottery, managed on our behalf by Sterling Management Ltd. Any correspondence you receive regarding your entry from the lottery will come directly from Sterling. You must be aged 16 or older to play our lottery. The lottery is drawn on a Friday and you have a 1 in 63 chance of winning one of the prizes. You can read the full rules for our lottery here: <https://www.unitylottery.co.uk/rules/>

York & Scarborough Hospitals Charity is licensed and regulated in Great Britain by City of York Council under account number 011882. The promoter of this Unity Lottery is Rachel Brook, York Hospital, Wigginton Road, York, YO31 8HE.

A minimum of 50% of the total lottery proceeds go to supporting the work carried out by York & Scarborough Hospitals Charity, 18.4% on prizes and 31.6% on expenses and administration of the lottery.

www.gamblingcommission.gov.uk

Join York & Scarborough Hospitals Charity Lottery today!

1. Your details (please print in block capitals)

Title: _____ First Name: _____
 Surname: _____
 Address: _____

 Postcode: _____
 Tel: _____ Mobile: _____
 D.O.B: _____
 Email: _____

If you do not wish your name to be publicised if you win, please tick here

If you would like to receive lottery correspondence via email, please tick here

2. Payment frequency


How many entries would you like each week?

How often do you want to pay? (Please tick payment frequency and write amount in box) X

- Monthly / £4.34 Direct Debit only
- Every 13 wks / £13
- Every 26 wks / £26
- Every 52 wks / £52

Total Payable

Banks and Building Societies may not accept Direct Debit instructions for some types of accounts

unity Instruction to your Bank or Building Society to pay by Direct Debit 

Service User Number:

Reference:

Signature: _____

Date: _____

3. Select your payment method

Payment by Direct Debit

Please fill in the form and return to **Unity**

Name(s) of Account Holder(s): _____

Branch Sort Code:

Bank/Building Society account number:

Instruction to your Bank or Building Society

Please pay **Unity** from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with **Unity** and, if so, details will be passed electronically to my Bank/Building Society.

Payment by Cheque I enclose a Cheque made payable to **Unity** (minimum payment £13)

4. Your contact preferences

Please indicate how you would like to receive updates from your chosen charity:

Email	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Home Phone	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Post	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Mobile Phone	<input type="checkbox"/> Yes	<input type="checkbox"/> No
SMS	<input type="checkbox"/> Yes	<input type="checkbox"/> No

5. Your consent to play

(I confirm I am over 16 and a resident of GB)



Signature: _____

Date: _____

For office use only: _____

An Easter thank you

Easter saw an impressive amount of donations to support the Children's wards across our hospitals. We received over 2,000 eggs from fantastic businesses and individuals in the local community. The kind donations were given to The Children's wards at York and Scarborough to spread some cheer for those spending time in hospital over the Easter weekend.



Easter Tombola

Thanks to your support, we held an Easter tombola within the main entrance of York Hospital, which raised a fantastic **£914** to support the Children's Wards at York and Scarborough hospitals!

It was a great day full of smiles from staff and patients, with over 250 prizes to be won. The event was supported by the Arts Team who arranged for Sarah the harpist to play and bring cheer to patients entering the hospital.

ICU nurse Paula was the lucky winner of our Easter hamper and was delighted to share her treats with the ICU team. The money raised from the Easter tombola will make such a difference!



A big thank you

GET CAKED!

A massive thank you to everyone who tackled five miles of muddy and wet fun for the Get Caked challenge this year. 25 of our supporters climbed over, jumped through and ran across natural and man-made obstacles in the stunning grounds of Sledmere House.

Despite the wet weather, it was a brilliant day, with over **£1,100** raised by our fantastic supporters.

Joe Fenton, Community Fundraiser at York & Scarborough Hospitals Charity said,

“We are extremely grateful and proud of everyone who took part, raising a fantastic amount to help make the hospital experience the best it can be for staff, patients and their families across York and Scarborough Teaching Hospitals NHS Foundation Trust”



Amy's London Marathon success!

Congratulations to Amy who completed the London Marathon in April, raising a fantastic **£1,065!**

Amy works for the Trust as the Head of the Allied Health Professionals for Medicine and raised money to make a real difference within the departments she supports. She joined thousands of runners and completed the marathon in a fantastic time.

Since the marathon, Amy has continued to show her support while taking part in our other challenge events such as the Yorkshire Three Peaks, raising a fantastic amount of money that will benefit many patients and staff in the Trust.



Leeds Half Marathon

A big thank you to our seven amazing runners that took on the Leeds Half Marathon in May!

With a vibrant atmosphere and the sun shining, the day proved to be unforgettable for both participants and spectators. With over **£1,000** raised for York & Scarborough Hospitals Charity, this fantastic amount will make a such a difference to your local hospital.



Great North Swim

A huge thank you to Emma, Hannah, Elaine, Nicola, Emily, and Lola for conquering the Great North Swim in Lake Windermere in June!

Despite the challenging conditions on the day, with chilly and choppy waters, they all did brilliantly taking on either the mile-long or half-mile open water courses! As most were not familiar with open water swimming prior to the event, this challenge proved a great achievement for the swimmers.

Over **£5,500** was raised, a fantastic amount that will make a such a difference to those in our care.



Upcoming 2024 events



York 10k – Sunday 4 August

Conquer a scenic route through the beautiful city of York. Sign up for a rewarding challenge with the chance to make a difference for your local hospital.

Registration fee: £5

Minimum fundraising: £70

Yorkshire Coast 5k – Sunday 20 October

Take in stunning sea views along the Scarborough coastline, running around the North and South bays of Scarborough. This run starts at the Spa and ends at the Sea Life Centre.

Registration fee: £5

Minimum fundraising: £50

Don't miss out! Run for a great cause while pushing your limits on these beautiful Yorkshire courses.



Places are limited so sign up

www.york.nhs.uk/challenge

Arts in hospitals

The Rainbow Ward at Scarborough Hospital has benefitted from some vibrant new artwork thanks to a generous donation from the Scarborough Arts' Society.

Recognising the need to brighten the clinical feel of the central corridor of the Rainbow Ward, the Arts Team worked closely with ward Sister, Anita Ogle and Play Leader, Tracey Cleminson to find the perfect piece of art for all to enjoy.

After exploring various styles, everyone was captivated by the artwork of regional artist Katrina Mansfield. Katrina uses a

fluid ink which she moves around with a hairdryer, making her energetic and colourful creations a perfect fit for the Children's ward.

Installed at a child-friendly height, the artwork of three little pigs has become a delightful focal point, creating engagement for the children.

“I love this picture, it really caught my daughter's eye and she has stood looking at it for ages, every time she walks past it she says hello” explained a mother of a child on the ward.



Volunteer with us

Could you spare some time supporting your local hospital? Why not get involved and help make a difference!

We're looking for volunteers to help us with some fantastic opportunities. From bucket collecting at supermarkets, to distributing collection tins around the community – you could make a difference today!

Get in touch with us to find out more about our volunteering roles.

Sign up to receive updates on our volunteering roles
york.nhs.uk/yshckeeptouch

Perhaps you'd like to organise your own fundraising event to make a difference?

If you've got an idea in mind, please get in touch with one of our dedicated community fundraisers using the details below.



Becky White

Community Fundraiser
01904 725738
rebecca.white76@nhs.net



Emma Sargent

Community Fundraiser
01904 724830
emma.sargent3@nhs.net



Donation Form

Thank you for your support, together we can make a huge difference.

First Name:

Surname:

Home Address:

Postcode:

Telephone:

Email:

I would like to donate £

to **York & Scarborough Hospitals Charity**

Please use my donation to support the following hospital or department:

Donate by Cheque: Please make it payable to **York & Scarborough Hospitals Charity**, send with this form enclosed to the address below.



Donate online: Please visit www.york.nhs.uk/donate or scan here to donate now using a credit or debit card.

Donate via Bank Transfer: Account no: 10989649, Sort Code: 20-99-56, Reference: Newsletter. Please advise us by phone or email if you are making a payment so that we know to look out for it and can say thank you!

We'd love to keep in touch

Please let us know if you would like to hear about where your donation and money raised is helping in our hospitals along with future event and fundraising campaigns.

By post By email By phone No thanks

Please let us know if you would like to hear from us about future volunteering opportunities when they arise.

By post By email By phone No thanks

You can change your preferences at any time by contacting us on the details below and you can read our full data protection and privacy policy on our website at www.yshospitalscharity.org

Increase your donation by 25p for every £1 you donate!

giftaid it I want to Gift Aid my above donation and any donations I make in the future or have made in the past 4 years to York & Scarborough Hospitals Charity

I am a UK taxpayer and understand that if I pass less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. York & Scarborough Hospitals Charity was previously known as York Teaching Hospital Charity.

Please return your form by post or in person to: York & Scarborough Hospitals Charity, Fundraising Office, York Hospital, Wigginton Road, York, YO31 8HE
hello@yshospitalscharity.org 01904 724521 www.yshospitalscharity.org

I understand that York & Scarborough Hospitals Charity will use any funds donated in the way that is most appropriate for the need of York and Scarborough Teaching Hospitals NHS Foundation Trust, in line with its charitable aim and objectives and I cannot request purchase of specific items.